

UEF// Smart Start 2025–2026

MASTER OF SCIENCE IN EUROPEAN FORESTRY

Get familiar with academic study and university life in advance, online

We welcome you to explore the University of Eastern Finland's <u>orientation</u> <u>materials for new students</u>, which you can find in our student databank, Kamu.

With the help of these online materials, you can learn about UEF and life at the university in a versatile manner, including on video. You will find:

- a checklist for new students
- instructions on how to start using digital services
- UEF//Digistart
- campus information
- important places and services
- your own academic subject's materials for new students, and
- lots of other important materials!

You can ensure a smooth start to your studies by getting familiar with the online materials and UEF//Digistart already before your arrival. Your orientation will continue on campus at the beginning of September with events organised by your academic subject/degree programme, your peer tutors, and the Orientation to University Studies course.

We're looking forward to seeing you on campus!

Schedule of the first weeks

Note: A preliminary programme. Changes possible!

WEEK 1

6 August (Wednesday), BOR101, Borealis building

09.15-10.45 Welcoming words and introduction to MDP in European Forestry (Timo Tokola and Marjoriitta Möttönen, UEF)

11.00-12.00 Practical issues, aims and evaluation (Marjoriitta Möttönen, UEF)

12.00-13.00 Time for lunch

13.15-14.00 Introduction to Trends in European Forestry course (Timo Tokola and Marjoriitta Möttönen, UEF)

14.00- Intercultural communication and time for practical issues (Marjoriitta Möttönen, UEF)

7–8 August (Thursday-Friday), excursion Excursion to

• Koli national park (http://www.outdoors.fi/en/kolinp)

• Ruunaa hiking area (http://www.ruunaa.fi/en/front+page/)

7 August (Thursday), excursion

08.15 Departure to excursion from Borealis parking place by minibus
09.30 Arrival at Koli national park
09.30-11.00 Visitor Center Ukko and presentation about Koli national park
(a possibility to buy snacks) (Staff of the Visitor Center Ukko)
11.00-13.00 A guided hike in Koli area (Staff of the Visitor Center Ukko)
13.00-14.00 Lunch in Kolin Ryynänen (included)
14.00 Departure from Koli
15.45 Arrival at Ruunaa hiking area
16.00-19.00 Ruunaa rapids by a wooden boat (meal by the fire included)
19.00 Departure from Ruunaa
20.30 Arrival at Joensuu

8 August (Friday), excursion

08.15 Meeting at the parking lot of Borealis

08.30-10.30 A visit to Arboretum near the university 10.45-11.45 Lunch in Jokiasema (provided) 12.00 Free time for practical issues

Please be prepared to hike in the forest (about 5-10 km depending on the weather) so good hiking shoes and waterproof jackets etc. are needed. Lunch and dinner on Thursday and lunch on Friday will be provided. However, you might also want to take with you some snacks.

WEEK 2

11 August (Monday), BOR101, Borealis building

09.15-11.00 Nature and history of European forestry and forest resources in Europe (Heinrich Spiecker, University of Freiburg)

11.00-12.00 Lunch

12.15-14.00 Nature and history of European forestry and forest resources in Europe (Heinrich Spiecker, University of Freiburg)

14.15- Introduction to the project work (Heinrich Spiecker, University of Freiburg) and time for project work

12 August (Tuesday), BOR101, Borealis building

09.15-12.00 Forest resources in Europe, growth trends in European forests and selected topics in forest management (Heinrich Spiecker, University of Freiburg)

12.00-13.00 Lunch

13.15-15.15 Presentations of project works (Heinrich Spiecker, University of Freiburg)

15.15-16.00 Introduction to the panel discussion "Green economy and how to increase productivity?", (Heinrich Spiecker, University of Freiburg)16.00- Time for panel discussion preparations

13 August (Wednesday), BOR101, Borealis building

08.15-10.00 Economics of multiple use forestry (Jouni Pykäläinen, UEF) 10.15-12.00 Introduction to geoinformatics supporting forestry (Mikko Vastaranta, UEF)

12.00-13.00 Lunch

13.15-15.00 Panel discussion "Green economy and how to increase productivity?" (Heinrich Spiecker, University of Freiburg)

14 August (Thursday), BOR101, Borealis building

08.15-10.00 Conservation of forest biodiversity (Jari Kouki, UEF)
10.15-11.00 Finnish forest history and a brief introduction to The Finnish
Forest Centre (Leena Leskinen, The Finnish Forest Centre)
11.00 Lunch and time for practicalities
12.15 15 00 European forests and periods forest policy and governance

13.15-15.00 European forests and society: forest policy and governance(Georg Winkel, Wageningen University) Note: Offered online15.15-17.00 Sustainable bioeconomy (Diana Tuomasjukka, EFI)

15 August (Friday), BOR101, Borealis building + excursion

08.15-09.00 Forest nutrition and forest flora in boreal forests (Eeva-Stiina Tuittila, UEF)

09.15-10.15 Boreal forest management (Heli Peltola, UEF)

10.30 Departure to the field excursion from Borealis parking place by minibus (take packed lunch with you)

10.30-16.30 Field excursion "Forest management in Finland" including several visits to different forest sites (about 5 km walking route) (Heli Peltola and Eeva-Stiina Tuittila, UEF)

WEEK 3

18 August (Monday), BOR101, Borealis building + excursion

08.15-10.00 Management of State-owned multiple-use forests in Finland (Kalle Eerikäinen, Metsähallitus)

10.15-12.00 Disturbances and carbon balances of boreal forests (Frank Berninger, UEF)

12.00-13.00 Lunch

13.15-14.45 Relations between society and forests (Jan Kunnas, UEF)

14.45 Departure to Arbonaut by bikes (if you are on foot, you should leave already 14.40)

15.00 A visit to Arbonaut (Alain Minguet and Marjoriitta Möttönen, UEF)

19 August (Tuesday), BOR101, Borealis building

9.15-12.00 Introduction to the panel discussion "Forests, forestry and climate change" (Meriem Fournier, AgroParisTech and Viorel Blujdea, Transilvania University of Braşov) 12.00-13.00 Lunch 13.15-14.00 Time for panel discussion preparations "Carbon and climate change"

14.15-16.00 Students work in teams on calculating CO2 emissions and removals from forests and wood use and understanding adaptation for the panel discussion "Forest, Forestry and climate change" (Meriem Fournier, AgroParisTech and Viorel Blujdea, Transilvania University of Braşov)

20 August (Wednesday), BOR101, Borealis building + excursion

09.15-10.30 French forestry (Meriem Fournier, AgroParisTech) 10.45-12.00 Romanian forests and forestry (Lucian Curtu, Transilvania University of Braşov)

12.00-13.00 Lunch

13.15-15.00 Students presentations and panel discussion "Forests, Forestry and climate change"

21 August (Thursday), BOR101, Borealis building + excursion

08.15-10.00 Introduction to remote sensing and forest inventories in Finland (Lauri Korhonen, UEF)

10.15-12.00 Why is it important to study the future of forest usage and how can it be done? (Teppo Hujala, UEF)

12.00-13.00 Lunch

13.10 Departure to the field excursion from Borealis parking place
by bikes (if you are on foot, you should leave already at about 12.40)
13.30-15.30 Visit to John Deere (a company specialized in forest
machinery) (Marjoriitta Möttönen and Mikko Turunen)
(http://www.deere.com)

22 August (Friday), excursion

08.30 Departure for the excursion from the Borealis parking place by minibus

10.30 Arrival at Lusto – the Finnish Forest Museum

(http://www.lusto.fi/en/)

10.30-11.00 A possibility to have a cup of coffee at your own cost.

11.00-12.00 A guided tour in the Arboretum

12.15-13.00 Lunch at restaurant Lusto (provided)

- 13.00-13.45 A guided tour to Lusto exhibitions
- 13.45-14.15 Time to see Lusto exhibitions

- 14.15 Departure to Joensuu
- 16.00 Arrival at Joensuu

WEEK 4

25 August (Monday), BOR101, Borealis building

09.15-12.00 Mediterranean forestry (Luciana Jaime, University of Lleida) 12.00-13.00 Lunch

13.15-14.00 Introduction to panel discussion "Conservation vs.

productivity" (Luciana Jaime, University of Lleida and Harald Vacik, BOKU University)

14.15- Time for panel discussion preparations

26 August (Tuesday), BOR101, Borealis building

08.15-09.00 A visit to Natural Resource Institute Finland (Jari Miina, Luke) 09.15-12.00 Multifunctional forestry in mountain regions (Harald Vacik, BOKU University)

12.00-13.00 Lunch

13.15-16.00 Panel discussion "Conservation vs. productivity" (Luciana Jaime, University of Lleida and Harald Vacik, BOKU University)

27 August (Wednesday), BOR101, Borealis building + excursion

08.15-09.00 Wood products in climate change discourse (Henrik Heräjärvi, UEF)

09.15-10.00 Logging operations and secondary transportation in Finland (Kalle Kärhä, UEF)

10.15-11.00 Al in forest operations on a global scale (Mauricio Acuna, Luke)

11.00-12.00 Lunch

12.00-13.45 Testing the harvesting simulator etc. (Kalle Kärhä, UEF)

14.00 Departure for the excursion from Borealis parking place by minibus

14.00-16.00 Field visits (a harvesting experiment) (Heli Kymäläinen and Marjoriitta Möttönen, UEF)

16.30 Arrival at Joensuu (approximately)

28 August (Thursday), BOR101, Borealis building + excursion

08.15-09.45 New trends for pulp production (Antti Haapala, UEF)

10.00 Departure for the excursion from Borealis parking place by minibus

10.45-13.30 Enocell pulp mill (Representative from Stora Enso and Marjoriitta Möttönen, UEF) (http://biomaterials.storaenso.com/about-us/enocell-mill) (incl. lunch)

about 14.15 Arrival at Joensuu

29 August (Friday), BOR101, Borealis building

08.15-10.00 Bioenergy and sustainability (Blas Mola, UEF)

10.15-11.00 Forest management planning in Finland (Jari Vauhkonen, UEF) 11-00-12.00 Lunch

12.15-13.00 Feedback session (Marjoriitta Möttönen and Timo Tokola, UEF)

The course includes the following parts:

1. Lectures for each day (details can be found in ELEARN site, the link will be provided later)

2. Face-to-face sessions, panels discussions and group works

3. Three tests in Moodle site (make one after each week)

4. Assignments (5 assignments, see details below)

The final grade (1–5) includes the following assignments:

1. Project work (Heinrich Spiecker, University of Freiburg): 15%

2. Green economy and how to increase productivity? (*Heinrich Spiecker, University of Freiburg*): 15%

3. Carbon and climate change (*Meriem Fournier, AgroParisTech and Viorel Blujdea, Transilvania University of Braşov*): 15%

4. Conservation vs. productivity (*Luciana jaimel, University of Lleida and Harald Vacik, University of Natural Resources and Life Sciences, Vienna): 15%* 5. Learning diary: 1 500-1 650 words (500-550 words for each week, 40%) (*Timo Tokola, UEF*)

To pass the course the above assignments and the tests in the ELEARN site have to be submitted via ELEARN **by 3 Sep**. The deadline for the learning diary is 7 **September**. Instructions for the assignments will be given during the online sessions.

Orientation programme for new students

In autumn 2025, the orientation programme will be held on 1-3 September. On 1 and 2 September, orientation sessions will be held online at 12-17 Finnish time. On 3 September, face-to-face sessions will be organized on campus. The detailed orientation programme and the links to the webinars will be available in August. <u>Read more about the</u> <u>orientation programme.</u>

We recommend that all the new international students will participate in the orientation programme. The orientation offers a lot of practical information to help the new students to have a smooth start for their studies at UEF.

The orientation offers:

- essential information on studying and university life at UEF
- tips on different practical matters
- information on Finland and on the Finnish culture
- a possibility to meet other students

Digistartti is part of the orientation, and it introduces the digital study environments of UEF for the new students. <u>Read more about Digistartti.</u>

Find more practical information aimed at new UEF students from Kamu.

In addition to the general orientation, we will have a welcoming session for all the new international students starting forestry studies on **Friday 5 September at 9.00-11.00 (BOR100, Borealis building).**

l can – l am a Master in European Forestry!

Why European Forestry?

The MSc European Forestry programme provides you with an ideal opportunity to get a high-quality education, to network with professionals from all over the world and to travel across Europe. Our accredited twoyear 120 ECTS course-based programme is well organised and you can rely on solid support from the MSc European Forestry secretariat with regard to practical arrangements.

During the two years you will be spending with us, you will study at least at two top-quality European universities, participate in an amazing European Forestry field course that takes you across Europe and have an internship in a forest company or institution which familiarises you with working life. At the end of our programme, you will be awarded a double degree which means that you will be awarded a Master of Science (Agriculture and Forestry) degree by the University of Eastern Finland and a Master of Science degree by your second-year host university.

Programme facts

MSc European Forestry (MSc EF) is a top class taught Erasmus+: Erasmus Mundus Joint Master Degree Programme (EMJMD) in the field of forest sciences. The quality of our programme is acknowledged by the European Commission, which awarded the MSc European Forestry Erasmus Mundus status for the years 2004–2019 and for the years 2019–2023.

In MSc EF, six European top-class forestry universities collaborate intensively to offer joint study modules in addition to their existing curricula. The MSc EF Consortium consists of the following institutions: the University of Eastern Finland (coordinator); AgroParisTech, France; the University of Freiburg, Germany; the University of Lleida, Spain; BOKU Vienna, Austria and Transilvania University of Braşov, Romania. In addition, Associated Partner HEIs in Brazil, Canada and China and Associated Industrial and Associated Scientific Partners contribute to the programme delivery.

Our programme has been running since 2001, and we are proud to say that our graduates have exceptionally impressive careers, many of them attributing their career success to our programme! Our graduates are indeed amongst the most sought after in the field by national and international employers alike. The majority of our graduates are currently employed around the world by organisations such as:

- Forest and nature management agencies and governmental bodies
- Research institutions
- Forest enterprises in paper and pulp industries and saw milling
- Environmental NGOs.

Learning objectives

Our programme is a two-year interdisciplinary programme that provides academic education in the field of sustainable resource management with an emphasis on current bioeconomy issues. MSc EF offers a new approach to forestry and nature management markets and it connects the increasing number of forest-related issues with a European dimension at international as well as national levels.

The objective of the MSc EF programme is to educate professionals who have a thorough understanding of a sustainable forest bioeconomy as well as the European business culture. The curriculum is specifically designed to take into consideration the needs of potential employers and therefore our graduates are highly valued by national and international agencies, governmental bodies, NGOs, research institutions and timber, paper and pulp enterprises.

Welcome to Joensuu from JMYO!



A warm welcome from JMYO!

We are the Assosiation of Forestry Students in Joensuu, Joensuun Metsäylioppilaat (JMYO). We are a local committee of International Forestry Students Association (IFSA) and our aim is to have fun together and connect forestry students during free time. To achieve our goal we organise a wide variety of events. Our highlights are Räkäposkella, a 12hour skiing event and Vappusoudut, a church boat rowing competition. Our most common events are sauna evenings, table parties and game nights. We also host a bunch of out-door activities that include games and sporty activities. In addition, we have a sport club that offers a different kind of indoor sport every week.

Most of our members are Finnish, so we offer you a great change to integrate into Finnish student culture. Finnish students are quite fluent in English, but they can be shy to make the first contact, so just be brave! And remember that silence is normal in Finnish conversations. It doesn't mean we want you to leave, we are just good listeners \bigcirc .

You can find us on Instagram @joensuunmetsaylioppilaat and if you want to join our association, check out our website <u>https://jmyo.fi/en/</u>

Have a joyful autumn!

Eljas Liehu, International Affairs Representative Joensuun metsäylioppilaat ry, <u>joensuun@lc.ifsa.net</u>, <u>hallitus@jmyo.fi</u>

Guidance and help

Student tutors' greetings



Hei and welcome to UEF! I'm Tim Casanda Gibson from Liberia, a Master's in Forestry student, tutor, and international student ambassador at our beloved university. A year ago, I made the decision to study in Finland, and it has been one of the greatest decisions I have ever made. Studying at UEF gives you the opportunity to not only obtain a high-level education and practical experience

in forestry but also experience the wonderful nature and beautiful scenery in and around the city. Our university offers a supportive environment, providing resources to help you succeed. Don't be shy about asking for help—tutors, professors, and staff are all here to support you. Joensuu is a bike-friendly city, so I recommend biking around, attending university events, and embracing the culture. Winter is long and cold but sauna makes it warm and shorter! I can't wait to meet you. Cheers! Tim Gibson, email tgibson@student.uef.fi



Hey there, and a big welcome! Hey there, and a big welcome! I'm Badar, a master's student here at the University of Eastern Finland and one of your peer tutors for the upcoming semester. I'm thrilled to be part of your journey as you begin this exciting new chapter. UEF isn't just a place to study; it is a place to grow. You'll find a lively, inclusive community, supportive faculty, and a culture that encourages curiosity and connection.

And yes, there will be a few late-night study sessions, but also moments of

discovery, friendship, and fun. As your tutor, I'm here to make that transition smoother. Whether you need help understanding course material, developing study strategies, or simply finding your rhythm in a new environment. I'm here for you. Looking forward to meeting you all and helping you feel right at home.

Badar Khan, email badkhan@student.uef.fi



Congratulations on your admission and welcome to Finland. I am Ishfaq Khan from Pakistan, pursuing a master's degree in forestry at UEF. Being here in Finland for almost one year, I can say it's been a genuinely positive and enriching experience. Initially, things might feel a bit overwhelming, but with time, you'll start to settle in and feel at home. As your tutor, I'm here to support and guide you

through your arrival in Finland and help you settle in during your first days—whether it's finding the right resources, understanding the academic environment, or adjusting to everyday life. Don't hesitate to reach out anytime, I am happy to help. See you soon. Ishfaq Khan, email <u>khanish@student.uef.fi</u>



Welcome to a new and exciting chapter in your academic journey! My name is Peter Olowoofoyeku, and I'm honored to support you as your tutor. You're joining a vibrant learning community where curiosity, collaboration, and fresh ideas come together to create real impact. Here, you'll gain more than knowledge, you'll grow, connect, and discover your unique path forward.As you begin, remember

you're never alone; support is always here for you. We're so glad you're here. Let's begin this journey together! Peter Olowoofoyeku, email <u>peterolo@student.uef.fi</u>



Welcome to our vibrant and green academic community! As one of your tutors, it gives me immense pleasure to extend a warm and heartfelt greeting to each one of you. My name is Muhammad Ramzan from Pakistan. You have embarked on a remarkable journey that will not only broaden your knowledge but also make a significant impact on the world we live in. Our university is renowned for its excellence in environmental studies, and we are thrilled to have you join our community of passionate learners. Additionally, I encourage you to embrace the spirit of collaboration and friendship within our close-knit community. I look forward to meet and would like to help all of you. Muhammad Ramzan, email <u>mramzan@uef.fi</u>



Hello everyone! A Warm Welcome to UEF! I'm Mission Shrestha, one of your student tutors, and I come from the beautiful country of Nepal. I'm excited to welcome you to the University of Eastern Finland, a place where academic excellence meets a peaceful and supportive environment. Being accepted into UEF is a significant achievement, and I would like to congratulate you on taking this important step

in your academic journey. I believe your time here will be filled with learning, growth, and wonderful experiences. You'll be part of a vibrant international community where every student contributes to the university's strength and spirit. As your tutor, I'm here to help you adjust to life in Joensuu and support you as you settle into your studies. Never hesitate to reach out, I'm more than happy to guide you and share tips from my own journey here. Wishing you a smooth start and a rewarding time at UEF. Looking forward to meeting you soon! Mission Shrestha, Email mshresth@uef.fi

Contact information of the programme staff







Academic director of the programme Timo Tokola, Professor email: <u>timo.tokola@uef.fi</u> office: Borealis 363 (3rd floor) mobile: +358 50 401

Degree structure

1. YEAR 60 ECTS	Academic year 2025/2026: Obligatory and elective studies	Credits (ECTS)	Location
	Module 1		Joensuu, Finland
	Trends in European forestry	5	
Aug-Apr	Academic skills in forest sciences	1.5	
Aug-Api	Research methodology in forest	3.5	
	sciences		
	Global virtual seminar	3	
May- July/Aug	Module 2 European forestry field course	8	Spain, France, Germany,
			Austria and Romania
	Applied period in forest institutions	9	Preferred Consortium country
Sep-Apr	Elective courses	30	Joensuu, Finland + online courses
2. YEAR	Academic year 2026/2027:	Credits	Location

60 ECTS	Obligatory and elective studies, Master thesis	(ECTS)	
Autumn & spring semester	Module 3 Obligatory and elective courses Master's thesis and thesis seminar (online)	30 30	MSc EF partner university according to the student's individual study track (not UEF)
	European forestry forum and graduation ceremony	0	Tentatively in Austria in September 2026

First year

<u>Autumn semester</u>

All the first semester studies will take place in Joensuu, Finland. Studies begin in early August with welcoming and orientation, during which you bond with your new classmates and have all the essential practicalities organised, such as registering to the University of Eastern Finland and opening a bank account. During the autumn semester you will attend the courses included in Module 1 as well as elective courses.

Spring semester

The courses in Module 1 and your elective courses continue in Joensuu until 30 April. After Joensuu, you will attend the European Forestry Field Course which is included in Module 2. This course begins in early May and takes you on a journey across Europe (Austria, France, Germany, Romania and Spain).

After the European Forestry Field Course, you will travel to your country of choice for your Applied Period in Forest Institutions. During the first semester, the MSc European Forestry Secretariat will help you find a suitable internship placement. The Applied Period lasts a minimum of two months, during which you will have a local supervisor that will guide you through the internship and give support both in practical and academic matters.

Second year

The second–year studies (Module 3) are carried out in one of the Consortium Universities in Austria, France, Germany, Romania or Spain,

which is chosen already during the previous winter (in January-February 2026).

List of courses 2025–2027

Modules	ECTS
Module 1	13
LM00CO25 Trends in European Forestry	5
LM00CO20 Academic Skills in Forest Sciences	1.5
LM00CO21 Research Methodology in Forest Sciences	3.5
LM00CO28 Global Virtual Seminar	3
Elective courses	30
Autumn semester	
LM00EF46 Forest inventory and modeling	7
LM00CO04 Forest policy analysis	6
LM00CO09 Forest work science	6
LM00CO03 Futures analysis of forest bioeconomy	4
8020270 Information skills and sources in science and	
forestry for international students	1
LM00CN16 Intensive forest management	3
LM00CO14 Supply and energy use of lignocellulosic biomass	6
8031003 University study skills	1
Spring semester	
LM00EN05 Advanced remote sensing	6
LM00CO00 Applied geoinformatics 2	5
LM00CO15 Bioenergy markets and policies	6
LM00EF85 Carbon and nutrient dynamics of forest soils,	
lectures and literature	5
LM00EF87 Carbon and nutrient dynamics of forest soils,	
practicals	2
LM00CO17 Data-driven qualitative methodologies for forest	
scientists and foresters	5
LM00CO33 Economics of multiple-use forestry	3
LM00DP27 Forest zoology, lectures	4

LM00DP28 Forest zoology, exercises LM00El46 International forest governance and environmental	2	
policy	5	
LM00EF63 Restoration ecology	5	
LM00EF78 Urban and community forestry		
All year		
LM00CN49 European forest bioeconomy	5	
LM00EF69 Implementing forest planning calculations	3	
	47	
Module 2	17	
LM00CO24 European forestry field course	8	
LM00CO27 Applied period in forest institutions	9	
Module 3	60	
Advanced Courses	30	
Master's Thesis	30	
MSc European forestry thesis seminar	0	
European forestry forum – Job fairs and graduation ceremony	0	
min.	120	

Academic calendar at UEF

The academic year is based on a two-semester system. The official academic year starts on 1 August and ends on 31 July. However, in the autumn semester lectures are scheduled mainly between September and mid-December, and in the spring semester between early January and May. The Christmas break is about three weeks and during the spring semester, there is a week-long Easter break. There is generally no teaching during the summer and on public holidays.

Check the up-to-date information on <u>https://kamu.uef.fi/en/student-book/academic-calendar/</u>.

Teaching will not be arranged during the opening ceremony, sports afternoon, Independence Day, Maundy Thursday and the First of May.

Save the date! Important events

6-8 Aug 2025 11-29 Aug 2025 1-3 Sep 2025 1 May-31 May 2026 1 June-31 July 2026

Introduction to the programme Trends in European Forestry Orientation programme (partly online) 4 Sep 2025–30 Apr 2026 Module 1 and elective courses Module 2: European forestry field course Module 2: Applied period in forest institutions

Join us in Facebook

https://www.facebook.com/europeanforestry/ https://www.facebook.com/UEFforest/

Official hashtag #MScEF

City of Joensuu, Facebook: https://www.facebook.com/Joensuunkaupunki/ City of Joensuu, Instagram: https://www.instagram.com/joensuu idassa/?hl=fi Visit Joensuu, Instagram: https://www.instagram.com/visitjoensuu/?hl=fi

Welcome to Eastern Finland, the University of Eastern Finland and our Student Union!

At first, everything can feel new and confusing, but luckily you have joined a student community where you will surely find all the support you need. Students are a wonderful bunch and we at the Student Union of the University of Eastern Finland (ISYY) work hard to ensure that you are happy with your life and studies during your time at the university. We look out for your interests, so that you can focus on your studies. In addition, ISYY provides you with recreational activities, sports services and opportunities to make a difference.

Whether you have questions related to student life or you want to make your time at the university memorable by joining our events, activities and clubs - we are here for you! ISYY's office is located at the city center in Joensuu and on campus in Kuopio, you are always welcome to pop by.

All degree students join ISYY as a part of the university's registration process. Exchange students and postgraduate students are welcome to join – and most do!

Some of our services and benefits available to our members are:

- Interest advocacy
- Anti-Harassment Contact Persons
- Free digital student cards (Frank and Slice)
- Customer service at our office
- A free student calendar
- Recreational activities and events
- ISYY Club memberships
- SYKETTÄ Sports Services
- Sports equipment and board game rental for free
- Weekly Feed (an electronic newsletter in English)

- Support and services for Student Associations (e.g. grants and training)
- Opportunities to make a difference in the Student Union and the University

If you would like to make a difference and get your voice heard in studentrelated matters, you can become a candidate in ISYY's Representative Council Elections this autumn or vote for the student you think would make the best decisions on students' behalf.

Visit our website to learn more about the Student Union, our operations, services, and all the fun and useful things ISYY membership offers you. Our expert staff is also ready to help you anytime in English.

We wish you the best in your studies this semester and a happy student life!

Read more about ISYY

You can find us also on social media

<u>www.instagram.com/isyyuef</u> <u>www.facebook.com/fbISYY</u> <u>https://www.youtube.com/@ita-suomenyliopistonyliopp2990</u>

JEIS for international and local students in Joensuu

Who are we?

Joensuu's Exchange and International Students (JEIS) is ISYY's international club and dedicated to bringing internationality to Joensuu campus. The most important task of the club is to introduce Finnish culture and lifestyle to international students and give Finnish students an opportunity to gain international experiences by arranging events and activities. JEIS is active in promoting intercultural understanding and social inclusion.

How to become a member?

Every member of ISYY is a JEIS member. You can participate in our events (most of them free of charge) and on our trips if you are interested in gaining international experiences.

Becoming a board or active member gives you the opportunity to participate in the organisation of events and decision making. The tasks of board members are planning and management of events and trips and communication. Active members can participate in organising events and trips.

Do you want to become a board member or an active member? Please join our meetings, they are open for everyone interested. You can contact us for our meeting schedule and location. The General Meeting of JEIS, where new board members will be selected, will be held at the start of the autumn semester. Active members can also sign up during this meeting or later on in the semester.

Events we organise

Would you like to go sledging, hike in Koli or participate in Sitsit? In that case, JEIS is the right club for you!

We organise many events and activities during the academic year, such as, Get to Know Each Other Party, barbecues and picnics, board game nights, ice skating, International Dinner - and the list is open to your suggestions! We also organise trips, follow our social media to learn more. You can buy our merchandise at the Student Union Joensuu office. Come join us!

GET INVOLVED!

Contact us via our Instagram, Facebook or by email jeis (at) isyy.fi

Digital tools for students

The University of Eastern Finland uses a wide range of digital tools that help you with your studies, work and communication. Using these tools is the best way to stay updated on matters pertaining to your studies and the university.

KAMU is an ever-evolving student data bank, where you can find instructions that concern all students, as well as links to various tools and support services related to studies. In addition, news aimed at students are published in Kamu.

Also, get to know KamuBotti! KamuBotti is in Kamu to answer your questions about studying at the University of Eastern Finland and to guide you to the right source of information.

Read more about Kamu student data bank.

UEF USER ACCOUNT is needed during your studies at the university to gain access to the university's services. You will receive an automatic email from <u>iam@uef.fi</u> containing the information needed for user account activation.

Read more about how to get the UEF user account. Make sure to review the **"Access rights"** part!

UEF STUDENT EMAIL is automatically created for you in the form <u>username@student.uef.fi</u>. It is used as a primary communication method in all of the UEF systems.

Log in to your email and other M365 services by entering your username in the form username@uef.fi. You can find a link to student email on the <u>Tools page</u> in Kamu. UEF M365 requires you to deploy Multi-Factor Authentication as you login for the first time.

Read more about MFA.

PEPPI is the most important tool from the beginning of your studies. In Peppi, you plan your studies (PSP), register for teaching and exams, apply for credit transfer for studies, follow the progress of your studies and make facility reservations related to your studies, for example for group work. Registration for the academic year is done in the Oili registration service.

Read more about Peppi

Log in to Peppi https://peppi.uef.fi/

PEPPI HANDBOOK contains user instructions for students. You can log in to the Peppi Handbook and Peppi only after you have activated your UEF user account and your access rights are valid (from 1.8. onwards). Login uses the ID format <u>username@uef.fi</u>.

Read more about Peppi Handbook

For additional information, questions, and feedback please contact <u>peppituki@uef.fi</u>

LUKKARIKONE displays teaching schedules in a calendar format. With Lukkarikone, you can plan timetables even before you have registered for courses. Lukkarikone also works without logging in, but when logged in, you can view the timetable based on your registrations or create new timetables for yourself. If you wish, you can transfer the timetable created in Lukkarikone to your electronic calendar.

Read more about Lukkarikone

PEPPI'S STUDY GUIDE displays information on the curriculum and teaching offerings by academic year: you can see the degree structure, course descriptions and information about the teaching organised. Browsing the study guide does not require login, so you can familiarise yourself with your studies even before you have activated your UEF user account. To get acquainted, select Bachelor's Degrees in English or Master's Degrees in English. You can find out more about the minor

subject offerings through the link Minor Subjects and Other Study Modules in English.

Check out Peppi's study guide

TUUDO is a free mobile app (for iOS and Android) where you can register for courses and exams and find your study attainments, automatic timetable, campus maps, campus restaurant menus, and bus schedules. You can also make facility reservations related to your studies, for example for group work. In Tuudo, you will also find a well-being menu that contains the key well-being and health services for students. In Tuudo, you get a digital student card and a library card.

Read more about Tuudo

VIVA ENGAGE is an internal communication and interaction platform for our students and staff. The platform is like the university's "internal social media" and part of the M365 services. All important information and news releases for students are published on the <u>UEF Students // Student</u> <u>Community on Viva Engage</u>. Also, the Viva Engage group of your study community is a good information source. Everyone can join in the discussion, follow different communities and create new ones on Viva Engage. You can use Viva Engage in your browser or download the Viva Engage - Microsoft Corporation app on your smartphone from Google Play or the App Store. The platform requires a UEF account to log in.



Feeling lost? Kamu will help you out!

Kamu is a student data bank for all the students of the University of Eastern Finland. Kamu contains instructions, tools and links to various services for students. There is information for all the phases of your studies – from freshman year to graduation. Besides guides, information on our services and UEF news, you can search for tips to improve your study skills, or check what kind of campus activities are available. There are also tips related to student health care and different forms you may need during studies.

Read more about Kamu student data bank.

What to do after my	How to study at	What is an academic
arrival? Search for	UEF? Search for	quarter? Search for
Checklist	Study Skills	Glossary
Where are my fellow	l am sick, what to	Are there restaurants
students? Search for	do? Search for	on campus? Search
Study Communities	Health Care	for Lunch
What happens during	IT problems?	What type of
the summer? Search for	Search for	sports can l do?
Summer School	IT Services	Search for Sports



Services promoting student well-being

Advisory service for new students

Please note that during summer the UEF staff will be on holiday and this is why there might be delays in responses, especially in July. Thank you for understanding.

In questions related to IT, please turn to UEF's IT Services.

SYKETTÄ Sports Services

A sufficient amount of physical activity supports students' physical, mental and social well-being, promotes learning, and reduces stress. SYKETTÄ Sports Services cater to the needs of students and staff members of the University of Eastern Finland on the Joensuu and Kuopio campuses, offering an affordable and broad selection of sports, while also taking different needs into account. Participating in the activities offered by SYKETTÄ Sports Services is also an excellent opportunity meet fellow students across discipline and faculty boundaries.

Learn more about SYKETTÄ Sports Services

KAMU

Student life and well-being pages in Kamu.

Tuudo – an app for student well-being

You can now conveniently access the most important health and wellbeing services available to students via the Tuudo app.

Learn more about the <u>Tuudo app</u>