



UNIVERSITY OF
EASTERN FINLAND

UEF//

Smart Start 2026–2027

MASTER OF SCIENCE IN EUROPEAN FORESTRY

Get familiar with academic study and university life in advance, online

We welcome you to explore the University of Eastern Finland's [orientation materials for new students](#), which you can find in our student databank, Kamu.

With the help of these online materials, you can learn about UEF and life at the university in a versatile manner, including on video. You will find:

- a checklist for new students
- instructions on how to start using digital services
- UEF//Digistart
- campus information
- important places and services
- your own academic subject's materials for new students, and
- lots of other important materials!

You can ensure a smooth start to your studies by getting familiar with the online materials and UEF//Digistart already before your arrival. Your orientation will continue on campus at the beginning of September with events organised by your academic subject/degree programme, your peer tutors, and the Orientation to University Studies course.

We're looking forward to seeing you on campus!

Schedule of the first weeks

Note: A preliminary programme. Changes possible!

WEEK 1

5 August (Wednesday), BOR101, Borealis building

09.15-10.45 Welcoming words and introduction to MSc in European Forestry programme (Timo Tokola and Marjoriitta Möttönen, UEF)

11.00-12.00 Practical issues and guidelines related to the MSc European Forestry programme (Marjoriitta Möttönen, UEF)

12.00-13.00 Time for lunch

13.15-14.00 Introduction to Trends in European Forestry course (Marjoriitta Möttönen, UEF)

14.00- Intercultural communication and time for practical issues (Marjoriitta Möttönen, UEF)

6-7 August (Thursday-Friday), excursion

Excursion to

- Koli national park (<http://www.outdoors.fi/en/kolinp>)
- Ruunaa hiking area (<http://www.ruunaa.fi/en/front+page/>)
- Parppeinvaara bardic village (<http://www.parppeinvaara.fi/en/>)

6 August (Thursday), excursion

08.15 Departure for an excursion from Borealis parking place by bus

09.30 Arrival at Koli national park

09.30-11.00 Visitor Center Ukko and presentation about Koli national park (a possibility to buy snacks) (Staff of the Visitor Center Ukko)

11.00-13.30 A guided hike in Koli area

13.30-14.30 Lunch in Mattila (included)

14.30-15.30 A guided hike in Koli area

15.30 Departure from Koli

17.15 Arrival at Ruunaa hiking area

18.00-19.00 Get-together activities in Ruunaa

19.00-20.00 Dinner (included)

20.30-22.30 A possibility to have sauna and to swim (take a swimming costume with you).

Overnight in Ruunaa cottages (bed linen included, 3-6 persons in one cottage)

7 August (Friday), excursion

07.30- Breakfast (included)

08.45-12.00 Ruunaa rapids by a wooden boat (coffee and snacks by the fire included)

12.00 Departure to Parppeinvaara

14.00-15.00 Lunch at Parppeinvaara (included)

15.00-16.30 Bardic village (exhibitions)

16.30 Departure to Joensuu

17.40 Arrival at Joensuu

Please be prepared for a forest hike (approximately 5–10 km, depending on the weather). Appropriate hiking footwear and waterproof clothing are recommended. Towels and bed linen will be provided, as well as lunch and dinner on Thursday, and breakfast and lunch on Friday. You may also wish to bring some additional snacks.

WEEK 2

10 August (Monday), BOR101, Borealis building

09.15-11.00 Nature and history of European forestry and forest resources in Europe (Heinrich Spiecker, University of Freiburg)

11.00-12.00 Lunch

12.15-14.00 Nature and history of European forestry and forest resources in Europe (Heinrich Spiecker, University of Freiburg)

14.15- Introduction to the project work (Heinrich Spiecker, University of Freiburg)

Time for project work

11 August (Tuesday), BOR101, Borealis building

09.15-12.00 Forest resources in Europe, growth trends in European forests and selected topics in forest management (Heinrich Spiecker, University of Freiburg)

12.00-13.00 Lunch

13.15-15.15 Presentations of project work (Heinrich Spiecker, University of Freiburg)

15.15-16.00 Introduction to the panel discussion "Green economy and how to increase productivity?", (Heinrich Spiecker, University of Freiburg)

16.00- Time for panel discussion preparations

12 August (Wednesday), BOR101, Borealis building

08.15-10.00 Why is it important to study the future of forest usage and how can it be done? (Teppo Hujala, UEF)

10.15-12.00 Europe's forest resource in future: can we adapt fast enough. A high resolution modelling approach, (Gert-Jan Nabuurs, Wageningen University)

12.00-13.00 Lunch

13.15-15.00 Panel discussion "Green economy and how to increase productivity?" (Heinrich Spiecker, University of Freiburg)

13 August (Thursday), BOR101, Borealis building

08.15-10.00 Conservation of forest biodiversity (Jari Kouki, UEF)

10.15-12.00 Close-to-nature forestry (Tuomas Aakala, UEF)

12.00-13.00 Lunch

13.15-15.00 Economics of multiple use forestry (Jouni Pykäläinen, UEF)

15.15-17.00 Sustainable bioeconomy (Diana Tuomasjukka, EFI)

14 August (Friday), BOR101, Borealis building + excursion

08.15-09.00 Forest nutrition and forest flora in boreal forests (Virpi Virjamo, UEF)

09.15-10.15 Boreal forest management (Heli Peltola, UEF)

10.30 Departure for the field excursion from Borealis parking place by bus (take a packed lunch with you)

10.30-16.30 Field excursion "Forest management in Finland" including several visits to different forest sites (about 5 km walking route) (Heli Peltola and Virpi Virjamo, UEF)

WEEK 3

17 August (Monday), BOR101, Borealis building + excursion

08.15-10.00 Management of State-owned multiple-use forests in Finland (Kalle Eerikäinen, Metsähallitus)

10.15-12.00 Gamified data collection for participative forest planning (Philip Chambers, UEF)

12.00-12.45 Lunch

13.00-14.30 A visit to Arbonaut (Elisa Korpelainen, Arbonaut, Länsikatu 15) (<https://arbonaut.com/>)

15.00-17.00 A visit to Arboretum near to the university (Marjoriitta Möttönen, UEF)

18 August (Tuesday), BOR101, Borealis building

9.15-12.00 Introduction to the panel discussion "Forests, forestry and climate change" (Meriem Fournier, AgroParisTech and Viorel Blujdea, Transilvania University of Braşov)

12.00-13.00 Lunch

13.15-14.00 Time for panel discussion preparations "Carbon and climate change"

14.15-16.00 Students work in teams on calculating CO2 emissions and removals from forests and wood use and understanding adaptation for the panel discussion "Forest, Forestry and climate change" (Meriem Fournier, AgroParisTech and Viorel Blujdea, Transilvania University of Braşov)

19 August (Wednesday), BOR101, Borealis building

8.15-10.00 European forests and society: forest policy and governance (Georg Winkel, Wageningen University)

10.15-11.30 French forestry (Meriem Fournier, AgroParisTech)

11.30-12.30 Lunch

12.30-13.45 Romanian forests and forestry (Lucian Curtu, Transilvania University of Braşov)

14.00-16.00 Students presentations and panel discussion "Forests, Forestry and climate change"

20 August (Thursday), excursion

- 08.30 Departure for an excursion from Borealis parking place by bus
10.30 Arrival at Lusto – the Finnish Forest Museum
(<http://www.lusto.fi/en/>)
10.30-11.00 A possibility to have a cup of coffee at your own cost.
11.00-12.00 A guided tour of the Arboretum
12.15-13.15 Lunch at restaurant Kuhankeittäjä (provided)
13.15-14.00 A guided tour of Lusto exhibitions
14.00-14.45 Time to see Lusto exhibitions
14.45 Departure to Joensuu
16.30 Arrival at Joensuu

21 August (Friday), BOR101, Borealis building + excursion

- 08.15-10.00 Introduction to remote sensing and forest inventories in Finland (Timo Tokola, UEF)
10.15-12.00 Wildlife management in Europe (Darius Hardalau, Transilvania University of Braşov)
12.00-13.00 Lunch
13.10 Departure for an excursion from Borealis parking place by bus
13.30-15.30 Visit to John Deere (a company specialising in forest machinery) (Kalle Kettunen, John Deere) (<http://www.deere.com>)

WEEK 4

24 August (Monday), BOR101, Borealis building

- 08.15-09.00 The Finnish Forest Centre (Terttu Kinnunen, The Finnish Forest Centre)
09.15-12.00 Mediterranean forestry (Luciana Jaime Gonzalez, University of Lleida)
12.00-13.00 Lunch
13.15-14.00 Introduction to panel discussion “Conservation vs. productivity” (Luciana Jaime Gonzalez, University of Lleida and Harald Vacik, BOKU University)
14.15- Time for panel discussion preparations

25 August (Tuesday), BOR101, Borealis building

08.15-09.00 A visit to Natural Resource Institute Finland (Markus Melin, Luke)

09.15-12.00 Multifunctional forestry in mountain regions (Harald Vaciek, BOKU University)

12.00-13.00 Lunch

13.15-16.00 Panel discussion "Conservation vs. productivity" (Luciana Jaime Gonzalez, University of Lleida and Harald Vacik, BOKU University)

26 August (Wednesday), BOR101, Borealis building + excursion

08.15-09.00 Wood products in climate change discourse (Henrik Heräjärvi, UEF)

09.15-10.00 Logging operations and secondary transportation in Finland (Kalle Kärhä, UEF)

10.15-11.00 Ergonomics and productivity in CTL logging (Heli Kymäläinen, UEF)

11.00-13.45 Testing the harvesting simulator in small groups, a possibility to have lunch between the exercise (Topi Rantala, UEF)

14.00 Departure for an excursion from Borealis parking place by bus

14.00-16.00 Field visits (a harvesting experiment) (Topi Rantala, UEF)

16.30 Arrival at Joensuu (approximately)

27 August (Thursday), BOR101, Borealis building + excursion

08.15-09.45 New trends for pulp production (Antti Haapala, UEF)

10.00 Departure for an excursion from Borealis parking place by bus

10.45-13.00 Enocell pulp mill (Representative from Stora Enso and Marjoriitta Möttönen, UEF) (<http://biomaterials.storaenso.com/about-us/enocell-mill>) (lunch at your own cost at the restaurant of the pulp mill)

about 14.00 Arrival at Joensuu

28 August (Friday), BOR101, Borealis building

08.15-10.00 Forest management planning in Finland (Jari Vauhkonen, UEF)

10.15-12.00 Introduction to geoinformatics supporting forestry (Mikko Vastaranta, UEF)

12.00-13.00 Lunch

13.15-14.00 Feedback session (Marjoriitta Möttönen and Timo Tokola, UEF)

Orientation programme for new students

In autumn 2026, the orientation programme starts with online orientation sessions on 24 and 25 August at 12-17 Finnish time. On 2 September, face-to-face sessions will be organized on campus. The detailed orientation programme and the links to the webinars will be available in August. Read more about the [orientation programme](#).

We recommend that all the new international students will participate in the orientation programme. The orientation offers a lot of practical information to help the new students to have a smooth start for their studies at UEF.

The orientation offers:

- essential information on studying and university life at UEF
- tips on different practical matters
- information on Finland and on the Finnish culture
- a possibility to meet other students

Digistartti is part of the orientation, and it introduces the digital study environments of UEF for the new students. [Read more about Digistartti](#).

Find more practical information aimed at [new UEF students](#) from Kamu.

In addition to the general orientation, the School of Forest Sciences offers Welcoming session for all the new international students at 8.00-10.00 on Friday 4 September.

I can – I am a Master in European Forestry!

Why European Forestry?

The MSc European Forestry programme provides you with an ideal opportunity to get a high-quality education, to network with professionals from all over the world and to travel across Europe. Our accredited two-year 120 ECTS course-based programme is well organised and you can rely on solid support from the MSc European Forestry secretariat with regard to practical arrangements.

During the two years you will be spending with us, you will study at least at two top-quality European universities, participate in an amazing European Forestry field course that takes you across Europe and have an internship in a forest company or institution which familiarises you with working life. At the end of our programme, you will be awarded a joint degree or a double degree which means that you will be awarded a Master of Science (Agriculture and Forestry) degree by the University of Eastern Finland and a Master of Science degree by your second-year host university.

Programme facts

MSc European Forestry (MSc EF) is a top class taught [Erasmus+: Erasmus Mundus Joint Master Programme \(EMJM\)](#) in the field of forest sciences and is one of the first Erasmus Mundus programmes that has been accredited according to [the European approach for quality assurance of the joint programmes](#). The quality of our programme is also acknowledged by the European Commission, which awarded the MSc European Forestry Erasmus Mundus status for years 2004–2014, 2016–2019, 2019–2023, and 2025–2029.

In MSc EF, **seven European top-class forestry universities** collaborate intensively to offer joint study modules in addition to their existing curricula. The MSc EF Consortium consists of the following institutions:

- University of Eastern Finland (coordinator), **Finland**
- AgroParisTech, **France**
- University of Freiburg, **Germany**
- University of Lleida, **Spain**
- BOKU University, **Austria**
- Transilvania University of Brasov, **Romania**
- Wageningen University, **the Netherlands** – a new Full Partner from 2026 onwards

In addition, **Associated Partner HEIs** in Albania, Brazil, Canada, China, Moldova, Nigeria, South Africa, Ukraine and US and **Associated Industrial/Public/NGO Partners** worldwide contribute to programme delivery.

Our aim is to prepare professionals to tackle **the four Grand Challenges in forestry**: 1) Climate change and the increasing frequency and intensity of natural disturbances, 2) Lack of biomass for the bioeconomy industry and mitigating CO2 emissions, 3) Declining biodiversity and conversion of forest land to other land uses, and 4) Increasing societal demand for non-market ecosystem services. We will provide students with in-depth knowledge of the “modernised” forest management practices.

MSc EF graduates will be awarded a joint or a double degree, depending on their host university in the second year. Intensive collaboration and networking with potential employers ensures high graduate employability worldwide. The majority of our graduates are currently employed around the world by organisations such as:

- Forest and nature management agencies and governmental bodies
- Research institutions
- Forest enterprises in paper and pulp industries and saw milling
- Environmental NGOs.

Welcome to Joensuu from JMYO!



A warm welcome from JMYO!

We are the Association of Forestry Students in Joensuu, Joensuun Metsäylioppilaat (JMYO). We are a local committee of International Forestry Students Association (IFSA) and our aim is to have fun together and connect with forestry students during free time. To achieve our goal, we organise a wide variety of events. Our highlights are Räkäposkella, a 12-hour skiing event and Vappusoudut, a church boat rowing competition. Our most common events are sauna evenings, table parties and game nights. We also host a bunch of outdoor activities that include games and sporty activities. In addition, we have a sport club that offers a different kind of indoor sport every week.

Most of our members are Finnish, so we offer you a great chance to integrate into Finnish student culture. Finnish students are quite fluent in English, but they can be shy to make the first contact, so just be brave! And remember that silence is normal in Finnish conversations. It doesn't mean we want you to leave, we are just good listeners 😊.

You can find us on Instagram @joensuunmetsaylioppilaat and if you want to join our association, check out our website <https://jmyo.fi/en/>

Have a joyful autumn!

Otto Rankinen, International Affairs Representative
Joensuun metsäylioppilaat ry, joensuun@lc.ifsa.net, hallitus@jmyo.fi

Guidance and help

Student tutors' greetings



Tervetuloa UEFiin! I am **Elizabeth Adewale** from Nigeria. I study Master's Degree Program in Forest Sciences (MDP FOR) here in our prestigious UEF and I am also a student Tutor. From the moment I made the decision to study in Finland, I knew it was the best decision I have ever made! I have heard lots of remarkable things about Finland generally and UEF is one wonderful place where dreams are made and achieved. I can boldly say that studying at UEF gives you the edge to level up your skills game from whatever level you're at the moment to an advanced upscale because you get to experience beautiful scenery, hands on experience with expertise who are humble to the core (you may not even know you have a professor in your space because everybody is important). You want to learn about Forestry, then you are in the exceptionally right place. UEF does not only provide educational services but also offer a supportive environment, resources, teams, and training that to help you succeed by all means.

The only mistake you can make is not asking for help if you need one. Ask for help, from your tutor, lecturers, counselor, coordinator, and all staffs are all here to support you. Now tell me why you will not succeed.

Joensuu is an elite city and at the same time the people are warm, kind, humble, and respect your privacy. The winter is long and extremely cold so prepare for the shift soon. You might get to see elderly in their 90s and still very fit.

I strongly recommend attending university events, and embracing the culture, making lots of friends, because connections help you integrate smoothly and faster into the system.

I can't wait to meet you all.

Elizabeth Adewale, email. elizaade@uef.fi



Hello everyone, and a very warm welcome to UEF! I'm **Gideon Adu Brimpong** from Ghana, and I'm currently pursuing a Master's Degree in Forestry at UEF. As one of your student tutors, I would like to congratulate you on your admission and on taking this important step in your academic journey. You are about to begin an exciting new chapter filled with learning, growth, new friendships, and memorable experiences. Joensuu is a beautiful, peaceful, and student-friendly city, so make the most of every opportunity, stay curious, and enjoy everything student life has to offer.

As your student tutor, I'm here to support you as you transition to UEF and life in Joensuu. Whether you have questions about your studies, student life, or settling in, please don't hesitate to reach out. I look forward to meeting you and welcoming you to UEF.

Wishing you a smooth arrival and an amazing start to your journey here!

Gideon Adu Brimpong, email. gadubrim@student.uef.fi



My name is **Samaneh Ebadati**, and I am a second year Master's student in Forestry. I am passionate about my field of study, especially the connection between people and nature and the role of forests in sustainable living.

I currently live in Joensuu with my family, and I truly enjoy life here. Joensuu is a beautiful city with a calm atmosphere and a slower pace of life, which gives me the opportunity to focus on my studies and my personal interests. The quiet environment and the close connection to nature make this place very special to me, and I find it both inspiring and refreshing.

Moving here with my family has been an important part of my journey. My husband and my daughter are my greatest source of strength and motivation. They inspire me every day to grow, improve myself, and become a stronger and better version of who I am.

As a tutor, I am looking forward to supporting fellow students, sharing my experiences, and creating a welcoming and positive learning environment.

Samaneh Ebadati, email. sebadati@student.uef.fi



Hello and welcome to UEF! My name is **Folarin Kazeem**, and I am currently studying MSc Forestry at the University of Eastern Finland. I am happy to be one of the tutors supporting new students as they begin their studies and settle into life in Joensuu.

UEF is a welcoming and supportive place to study, and Joensuu is a peaceful student city with a friendly atmosphere and beautiful nature. Feel free to contact me if you have questions about your arrival, accommodation, university life, or practical matters.

I look forward to meeting you and welcoming you to UEF.

Folarin Kazeem, email. kazefola@student.uef.fi



Hei everyone! A Warm Welcome to UEF! I'm **Rabin Kunwar**, one of your student tutors, and I come from the beautiful country of Nepal. I'm excited to welcome you to the University of Eastern Finland, a place for dreamers and doers. Being accepted into UEF is a significant achievement, and I would like to congratulate you on taking this important step in your academic journey. A year ago, I made the decision to study in Finland, and it has been one of the greatest decisions I have ever made. I believe your time here will be filled with learning, growth, and wonderful experiences. You'll be part of a vibrant international community where every student contributes to the university's strength and spirit.

As your tutor, I'm here to help you adjust to life in Joensuu and support you as you settle into your studies. Never hesitate to reach out to me. I'm more than happy to guide you and share tips from my own journey here.

Wishing you a smooth start and a rewarding time at UEF. I can't wait to meet you in person. Cheers!

Rabin Kunwar, email. rkunwar@uef.fi

Contact information of the programme staff



Programme coordinator

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Academic director of the programme

Timo Tokola, Professor

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Degree structure

1. YEAR 60 ECTS	Academic year 2026/2027: Obligatory and elective studies	Credits (ECTS)	Location
Aug–Apr	Module 1		Joensuu, Finland
	Trends in European forestry	5	
	Academic skills in forest sciences	1.5	
	Research methodology in forest sciences	3.5	
	Global virtual seminar	3	
May	Module 2 European forestry field course	8	Spain, France, Germany, Austria, the Netherlands and Romania (may vary between the years)
June–July (August)	Applied period in forest institutions	9	Preferred Consortium country
Sep–Apr	Elective courses	30	Joensuu, Finland
2. YEAR 60 ECTS	Academic year 2027/2028: Obligatory and elective studies, Master thesis	Credits (ECTS)	Location
Autumn & spring semester	Module 3		MSc EF partner university according to the student's individual study track (not UEF)
	Obligatory and elective courses	24–30*	
	Master's thesis and thesis seminar (online)	30–36*	
	Graduation ceremony and work life event	0	Tentatively in Spain in September

First year

Autumn semester

All the first semester studies will take place in Joensuu, Finland. Studies begin in early August with welcoming and orientation, during which you bond with your new classmates and have all the essential practicalities organised. During the autumn semester you will attend the courses included in Module 1 as well as elective courses.

Spring semester

The courses in Module 1 and your elective courses continue in Joensuu until 30 April. After Joensuu, you will attend the European Forestry Field Course which is included in Module 2. This course begins in early May and takes you on a journey across Europe (Austria, France, Germany, Romania, the Netherlands and Spain (countries may vary annually)).

After the European Forestry Field Course, you will travel to your country of choice for your Applied Period in Forest Institutions. During the first semester, the MSc European Forestry Secretariat will help you find a suitable internship placement. The Applied Period lasts a minimum of two months, during which you will have a local supervisor that will guide you through the internship and give support both in practical and academic matters.

Second year

The second-year studies (Module 3) are carried out in one of the Consortium Universities in Austria, France, Germany, Romania, The Netherlands or Spain, which is chosen already during the previous winter (in January-February 2027).

List of courses 2026–2028

Modules	ECTS
Module 1	13
LM00CO25 Trends in European Forestry	5
LM00CO20 Academic Skills in Forest Sciences	1.5
LM00CO21 Research Methodology in Forest Sciences	3.5
LM00CO28 Global Virtual Seminar	3
Elective courses	30
Autumn semester	
LM00EN10 Climate smart forest management	3
LM00EN53 Decision making in forestry	6
LM00CO04 Forest policy analysis	6

LM00CO09 Forest work science	6
LM00CO03 Futures analysis of forest bioeconomy	4
8024030 Information skills in forest sciences	1
LM00CO14 Supply and energy use of lignocellulosic biomass	6
8031003 University study skills	1
Spring semester	
LM00CO15 Bioenergy markets and policies	6
LM00EZ25 Closer-to-nature forest management in the boreal forests	4-5
LM00CO05 Co-management of natural resources	5
LM00CO17 Data-driven qualitative methodologies for forest scientists and foresters	5
LM00CO33 Economics of multiple-use forestry	3
LM00DP30 Forest and wood microbiome	4
LM00EN50 Forest and wood microbiome laboratory practicals	2
LM00CN99 Forest information systems	5
LM00EF66 Innovation management in forest-based bioeconomy	4
LM00EI46 International forest governance and environmental policy	5
LM00EF63 Restoration ecology	5
All year	
LM00CN49 European forest bioeconomy	5
LM00EF69 Implementing forest planning calculations	3
Module 2	17
LM00CO24 European forestry field course	8
LM00CO27 Applied period in forest institutions	9
Module 3	60
Advanced Courses	24-30*
Master's Thesis	30-36*
MSc European forestry thesis seminar	0
Graduation ceremony and work life event	0
min.	120

*MSc thesis in Wageningen University carries 36 ECTS

Academic calendar at UEF

The academic year is based on a two-semester system. The official academic year starts on 1 August and ends on 31 July. The Christmas break is about three weeks and during the spring semester, there is a week-long Easter break. There is generally no teaching during the summer and on public holidays.

Teaching will not be arranged during the opening ceremony, sports afternoon, Independence Day, Maundy Thursday and the First of May.

Save the date! Important events

5–7 Aug 2026	Introduction to the programme
10–28 Aug 2026	Trends in European Forestry
2 Sep 2026	Orientation programme
2 Sep 2026–30 Apr 2027	Module 1 and elective courses
1 May–31 May 2027	Module 2: European forestry field course
1 June–31 July 2027	Module 2: Applied period in forest institutions

Join us in Facebook

<https://www.facebook.com/europeanforestry/>

<https://www.facebook.com/UEFforest/>

Official hashtag #MScEF

City of Joensuu, Facebook:

<https://www.facebook.com/Joensuunkaupunki/>

City of Joensuu, Instagram:

https://www.instagram.com/joensuu_idassa/?hl=fi

Visit Joensuu, Instagram:

<https://www.instagram.com/visitjoensuu/?hl=fi>

Welcome to Eastern Finland, the University of Eastern Finland and our Student Union!

At first, everything can feel new and confusing, but luckily you have joined a student community where you will surely find all the support you need. Students are a wonderful bunch and we at the Student Union of the University of Eastern Finland (ISYY) work hard to ensure that you are happy with your life and studies during your time at the university. We look out for your interests, so that you can focus on your studies. In addition, ISYY provides you with recreational activities, sports services and opportunities to make a difference.

Whether you have questions related to student life or you want to make your time at the university memorable by joining our events, activities and clubs - we are here for you! ISYY's office is located at the city center in Joensuu and on campus in Kuopio, you are always welcome to pop by.

All degree students join ISYY as a part of the university's registration process. Exchange students and postgraduate students are welcome to join – and most do!

Some of our services and benefits available to our members are:

- Interest advocacy
- Anti-Harassment Contact Persons
- Free digital student cards by Frank and Slice
- A free student calendar
- Recreational activities and events
- ISYY clubs' memberships
- Sports equipment and board game rental for free
- Weekly Feed (an electronic newsletter in English)
- Customer service at our office

- Support and services for Student Associations (e.g. grants and training)
- Opportunities to make a difference in the Student Union and the University

If you would like to make a difference and get your voice heard in student-related matters, you can make an impact, for example, by applying to become a member of the Executive Board, getting involved through ISYY teams or applying to become a student representative in UEF administration. Student advocacy is meaningful work and has far-reaching impacts both locally and nationally. It is essential that students are able to have their say about matters that have a direct impact on their own lives.

Visit our website to learn more about the Student Union, our operations, services, and all the fun and useful things ISYY membership offers you. Our expert staff is also ready to help you anytime in English.

We wish you the best in your studies this semester and a happy student life!

[Read more about ISYY](#)

You can find us also on social media

www.instagram.com/isyyuef

www.facebook.com/fbISYY

<https://www.youtube.com/channel/UCreEvsbAmhmSOPpPFBr7Lqw>

JEIS for international and local students in Joensuu

Who are we?

Joensuu's Exchange and International Students (JEIS) is ISYY's international club and dedicated to bringing memorable international experiences to all students on the Joensuu campus. The most important task of the club is to introduce Finnish (student) culture and lifestyle to international students and give Finnish students an opportunity to gain international experiences at their home university. JEIS is active in promoting intercultural understanding and social inclusion.

How to become a member?

Every member of ISYY is a JEIS member. You can participate in our events (most of which are free of charge) and on our trips if you are interested in gaining international experiences.

Becoming a board or an active member gives you the opportunity to participate in the organisation of our events and decision making. The tasks of board members are planning and management of events and communications. Active members can participate in organising events and trips.

Do you want to become a board member or an active member? Come join our meetings, they are open for everyone interested. You can contact us for our meeting schedule and location. The General Meeting of JEIS, where new board members will be selected, will be held at the start of the Autumn semester. Active members can also sign up during this meeting or later in the semester.

Events we organise

Would you like to go sledding, for a short hike in Koli or participate in a traditional Finnish student event Sitsit? In that case, JEIS is the right club for you!

We organise many events and activities during the academic year, such as, Get to Know Each Other Party, barbecues, board game nights, ice skating, International Dinner - and the list is open to your suggestions. We also collaborate on trips to Saariselkä and Lofoten with Timetravels, follow our social media to learn more! You can buy our merchandise at the Student Union Joensuu office. Come join us!

GET INVOLVED!

- Contact us via our Instagram [@jeis_isyy](https://www.instagram.com/jeis_isyy) or by email jeis (at) isyy.fi
- You can also find us on TikTok: @jeis_isyy

Digital tools for students

The University of Eastern Finland uses a wide range of digital tools that help you with your studies, work and communication. Using these tools is the best way to stay updated on matters pertaining to your studies and the university.

KAMU is an ever-evolving student data bank, where you can find instructions that concern all students, as well as links to various tools and support services related to studies. In addition, news aimed at students are published in Kamu.

Read more about [Kamu](#) student data bank.

UEF USER ACCOUNT is needed during your studies at the university to gain access to the university's services. You will receive an automatic email from iam@uef.fi containing the information needed for user account activation.

[Read more about how to get the UEF user account.](#)

Make sure to review the **"Access rights"** part!

UEF STUDENT EMAIL is automatically created for you in the form username@student.uef.fi. It is used as a primary communication method in all of the UEF systems.

Log in to your email and other M365 services by entering your username in the form username@uef.fi. You can find a link to student email on the [Tools page](#) in Kamu. UEF M365 requires you to deploy Multi-Factor Authentication as you login for the first time.

[Read more about MFA.](#)

PEPPI is the most important tool from the beginning of your studies. In Peppi, you plan your studies (PSP), register for teaching and exams, apply for credit transfer for studies, follow the progress of your studies and

make facility reservations related to your studies, for example for group work. Registration for the academic year is done in the Oili registration service.

[Read more about Peppi](#)

Log in to Peppi <https://peppi.uef.fi/>

PEPPI HANDBOOK contains user instructions for students. You can log in to the Peppi Handbook and Peppi only after you have activated your UEF user account and your access rights are valid (from 1.8. onwards). Login uses the ID format [username@uef.fi](#).

[Read more about Peppi Handbook](#)

For additional information, questions, and feedback please contact peppituki@uef.fi

LUKKARIKONE displays teaching schedules in a calendar format. With Lukkarikone, you can plan timetables even before you have registered for courses. Lukkarikone also works without logging in, but when logged in, you can view the timetable based on your registrations or create new timetables for yourself. If you wish, you can transfer the timetable created in Lukkarikone to your electronic calendar.

[Read more about Lukkarikone](#)

PEPPI'S STUDY GUIDE displays information on the curriculum and teaching offerings by academic year: you can see the degree structure, course descriptions and information about the teaching organised. Browsing the study guide does not require login, so you can familiarise yourself with your studies even before you have activated your UEF user account. To get acquainted, select Bachelor's Degrees in English or Master's Degrees in English. You can find out more about the minor subject offerings through the link Minor Subjects and Other Study Modules in English.

Check out [Peppi's study guide](#)

TUUDO is a free mobile app (for iOS and Android) where you can register for courses and exams and find your study attainments, automatic timetable, campus maps, campus restaurant menus, and bus schedules. You can also make facility reservations related to your studies, for example for group work. In Tuudo, you will also find a well-being menu that contains the key well-being and health services for students. In Tuudo, you get a digital student card and a library card.

[Read more about Tuudo](#)

VIVA ENGAGE is an internal communication and interaction platform for our students and staff. The platform is like the university's "internal social media" and part of the M365 services. All important information and news releases for students are published on the [UEF Students // Student Community on Viva Engage](#). Also, the Viva Engage group of your study community is a good information source. Everyone can join in the discussion, follow different communities and create new ones on Viva Engage. You can use Viva Engage in your browser or download the Viva Engage - Microsoft Corporation app on your smartphone from Google Play or the App Store. The platform requires a UEF account to log in.



Feeling lost? Kamu will help you out!

Kamu is a student data bank for all the students of the University of Eastern Finland. Kamu contains instructions, tools and links to various services for students. There is information for all the phases of your studies – from freshman year to graduation. Besides guides, information on our services and UEF news, you can search for tips to improve your study skills, or check what kind of campus activities are available. There are also tips related to student health care and different forms you may need during studies.

[Read more about Kamu student data bank.](#)

What to do after my arrival? Search for Checklist	How to study at UEF? Search for Study Skills	What is an academic quarter? Search for Glossary
Where are my fellow students? Search for Study Communities	I am sick, what to do? Search for Health Care	Are there restaurants on campus? Search for Lunch
What happens during the summer? Search for Summer School	IT problems? Search for IT Services	What type of sports can I do? Search for Sports



Services promoting student well-being

Advisory service for new students

Please note that during summer the UEF staff will be on holiday and this is why there might be delays in responses, especially in July. Thank you for understanding.

In questions related to IT, please turn to [UEF's Digital Services](#).

SYKETTÄ Sports Services

A sufficient amount of physical activity supports students' physical, mental and social well-being, promotes learning, and reduces stress. SYKETTÄ Sports Services cater to the needs of students and staff members of the University of Eastern Finland on the Joensuu and Kuopio campuses, offering an affordable and broad selection of sports, while also taking different needs into account. Participating in the activities offered by SYKETTÄ Sports Services is also an excellent opportunity meet fellow students across discipline and faculty boundaries.

[Learn more about SYKETTÄ Sports Services](#)

KAMU

[Student life and well-being pages in Kamu.](#)

Tuudo - an app for student well-being

You can now conveniently access the most important health and well-being services available to students via the Tuudo app.

Learn more about the [Tuudo app](#)