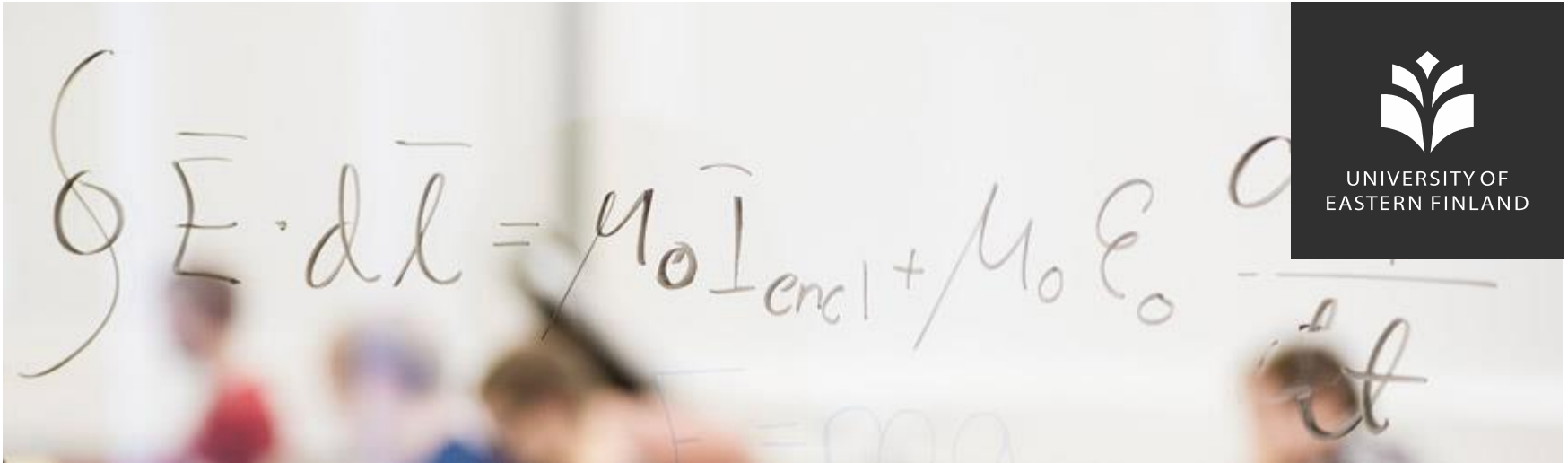


# Assessing shrinkage trends through statistics

*Teemu Makkonen*

# Outline

- Why do we need to assess (measure) shrinkage trends through statistics?
- How do we (assess) measure shrinkage trends through statistics?
  - The most commonly utilized indicators?
  - Temporal scale?
  - Geographical scale?

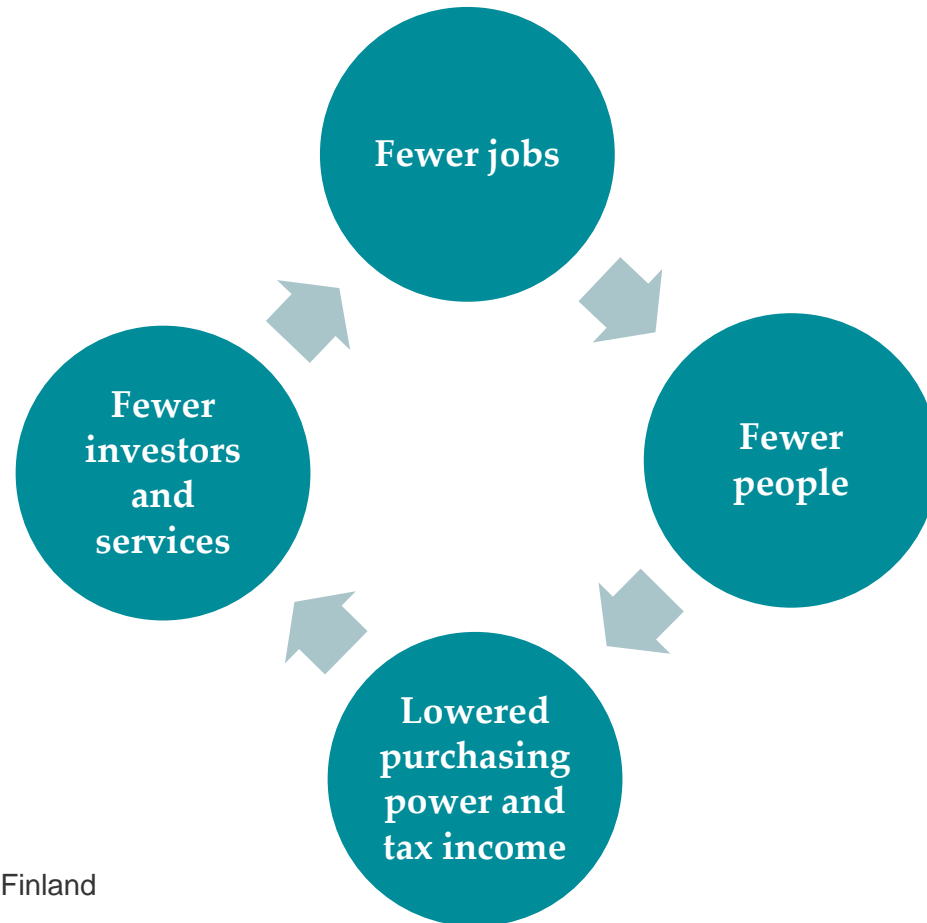


## The need for measuring shrinkage

# Shrinkage from the quantitative -perspective

- Shrinkage is a complex process involving such measurable phenomena (items) as
  - Dwindling economic development potential
    - Loss of jobs
    - Loss of services
      - Abandoned commercial buildings and space
  - Depopulation
    - Population loss
      - Abandoned residential buildings and space

# Shrinkage is a vicious cycle



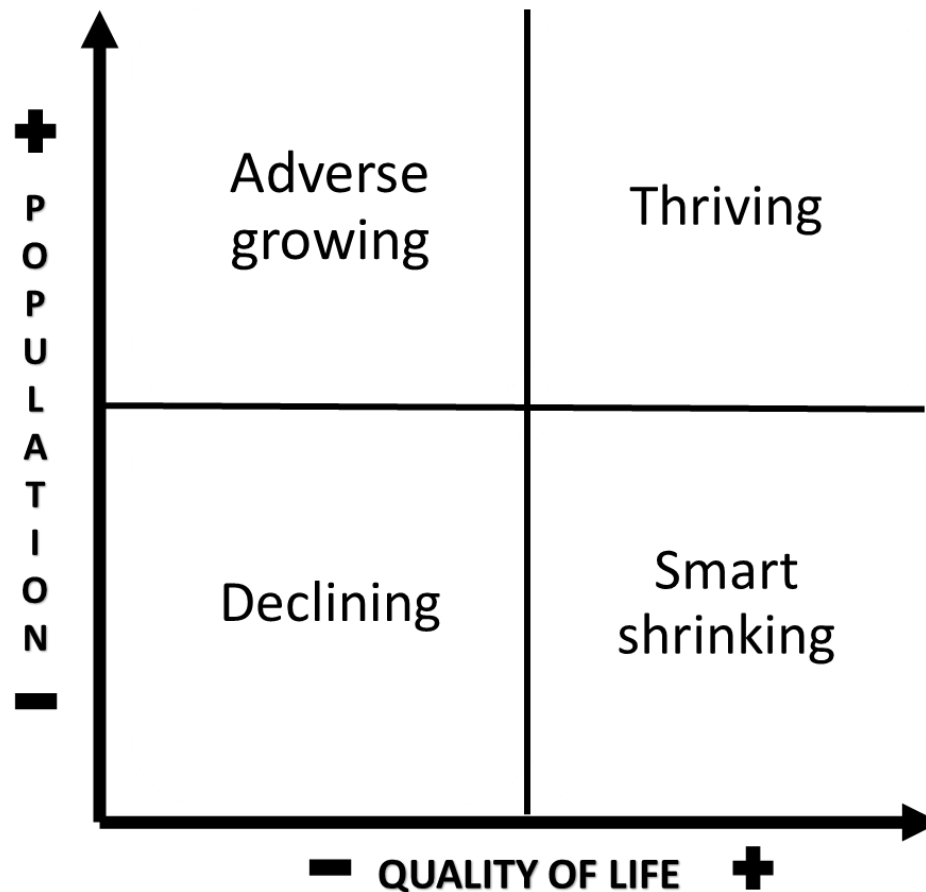
# Shrinkage – dictionary definition

- Shrinkage =
  - a reduction in **the size of something**, or the process of becoming smaller
- Depopulation =
  - the action of causing a country or area to have **fewer people** living in it
- Decline =
  - to gradually become **less, worse, or lower**

# Shrinkage from the quality of life -perspective

- Depopulation and shrinkage do not automatically lead to decline
- Some regions have retained their vitality as good living environments with high quality of life despite depopulation and shrinkage (termed as “smart shrinking”)
  - Our US colleagues argue that only regions that are both shrinking in terms of economy and population as well as quality of life should be considered as declining (Peters et al. 2018 *Journal of Rural Studies* 64, 39–49)

# Shrinkage ≠ Decline

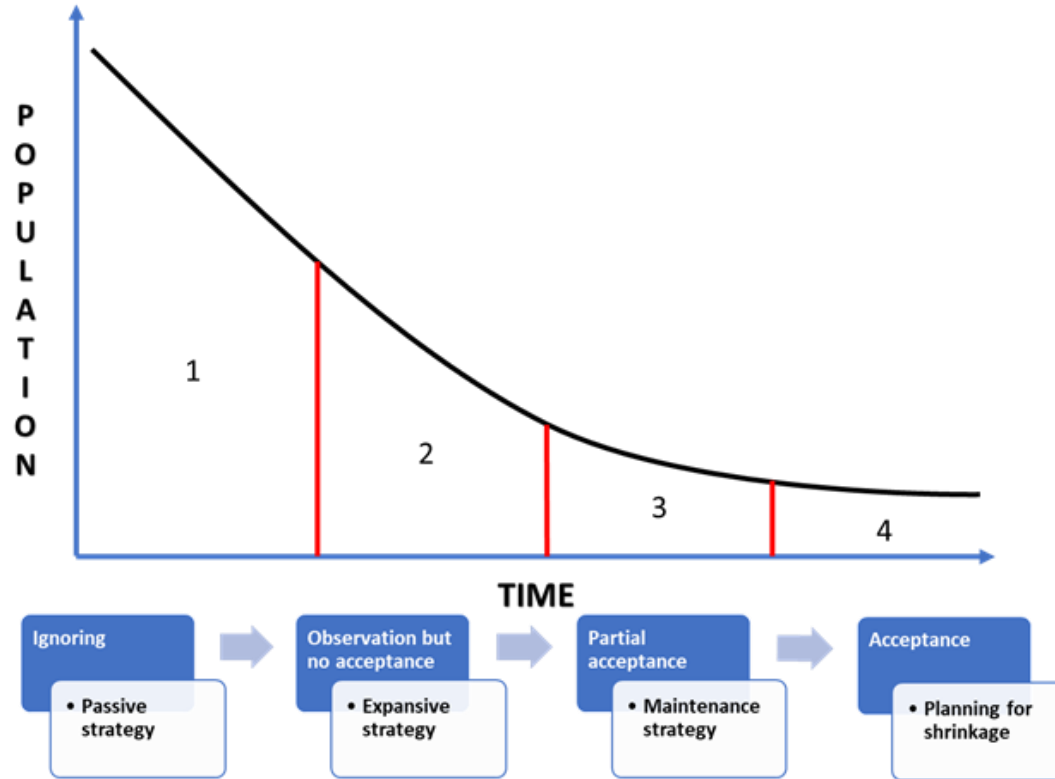




# The negative connotation of shrinkage

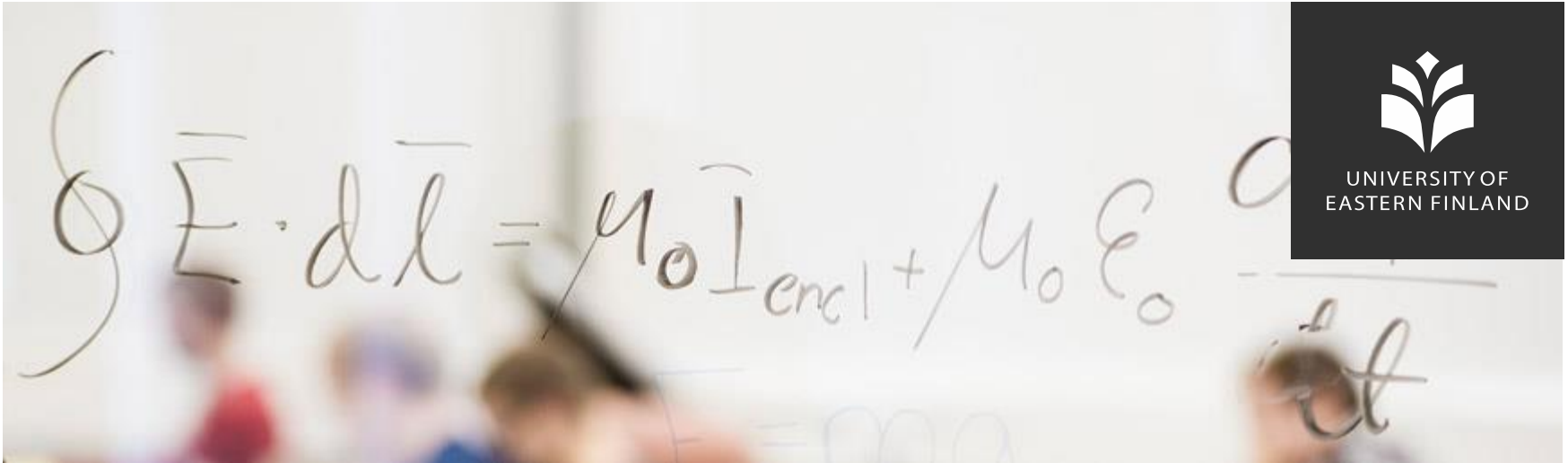
- Shrinkage (still) has a negative connotation
  - Perceived as something undesirable that should be avoided (at all cost)
  - Policymakers have hard time in accepting shrinkage before it is “too late”
- For social scientists it is often a contextual fact
  - A challenging trend that needs to be addressed accordingly, rather than a problem that has to be reversed

# Accepting shrinkage



# Why does shrinkage matter for planning

- Ignoring shrinkage leads to wasted resources and bad planning
  - Unrealistic expectations may lead to expensive growth investments that fail
- Planning for smaller populations starts too late
  - Focus on luring new inhabitants at the expense of the quality of life of the existing population
- Regions need facts (**numbers**) to realize their likely development trends and to support their planning



## Measuring shrinkage

# How to measure shrinkage?

## 1) Indicators

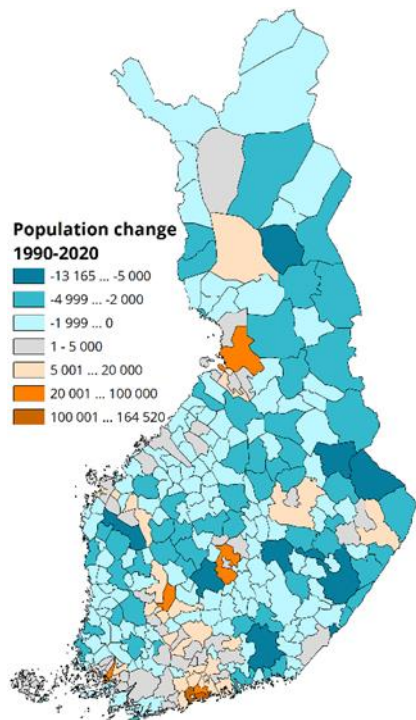
- There are several ways to measure shrinkage
- No consensus on which indicator is the “best”
  - Selection depends on the research question and data availability
- The most commonly used indicators are
  - Population (depopulation)
  - Employment (loss of jobs)
  - Vacant housing / Vacant commercial space (increased vacancy)

# How to measure shrinkage?

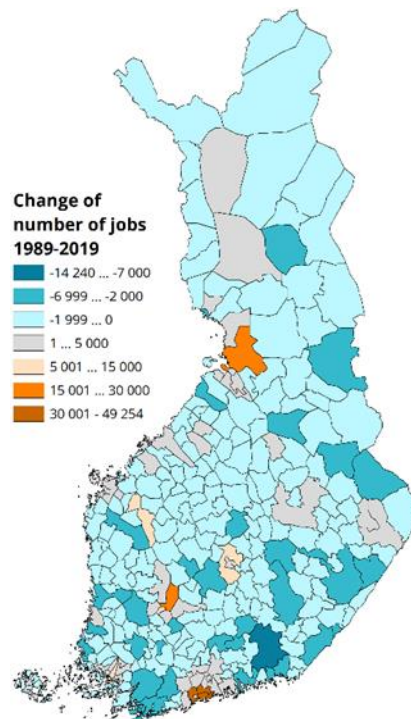
## 1) Indicators

- Either in absolute or relative terms
  - Absolute figures give a picture of the volume of change
  - Relative figures are comparable between regions of different sizes
- “Faster” than average shrinkage
  - Only pick those regions that are shrinking the “most”
    - To avoid “labelling” regions as shrinking, when they in fact swing back and forth (small growth this year, small shrinkage the next)
    - To avoid “labelling” regions as shrinking based on (very) small negative trends

# Population and employment

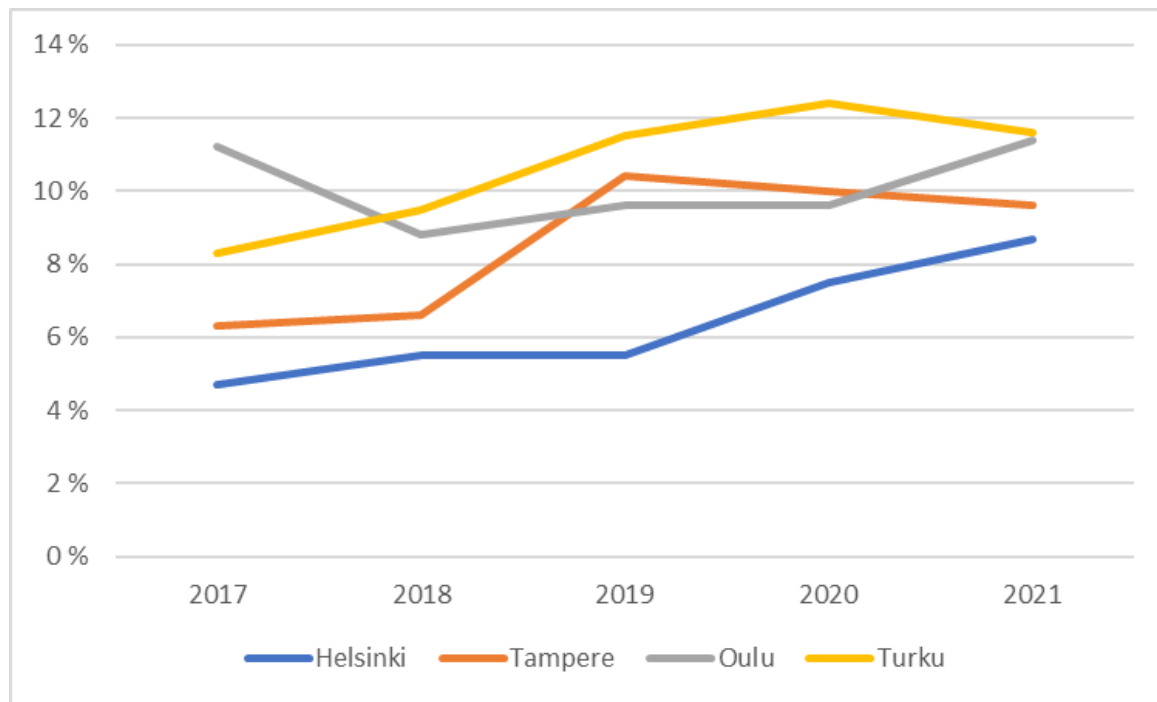


Share of shrinking regions: 70,6 %



Share of shrinking regions: 81,9 %

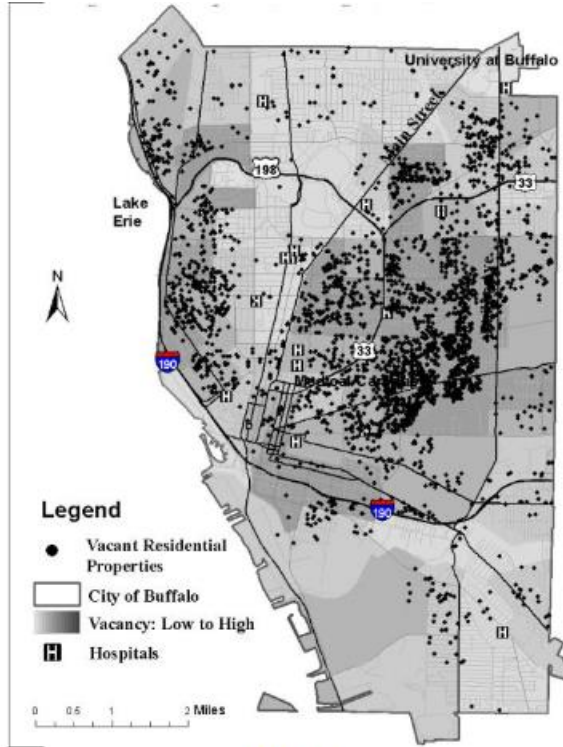
# Vacant commercial space



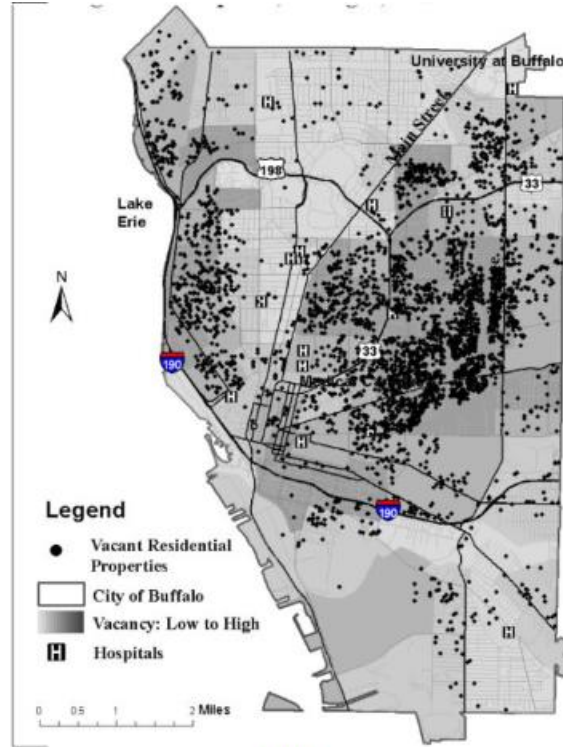


# Vacant housing

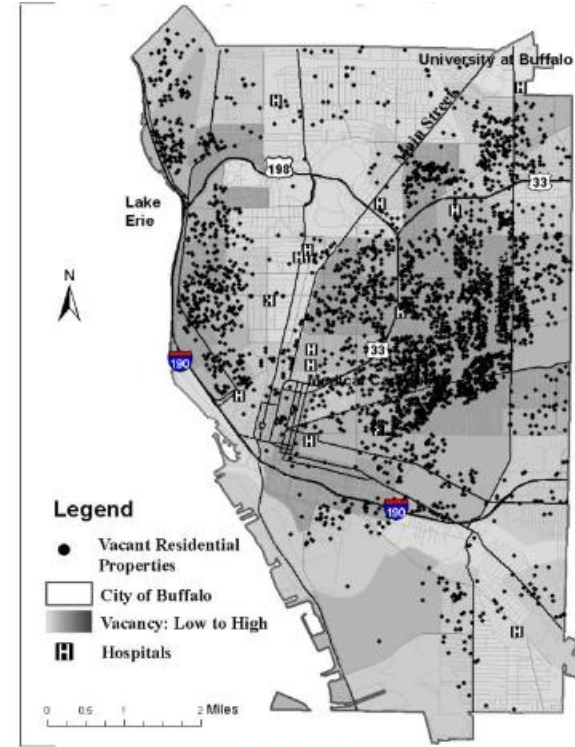
## Vacant Residential Properties



2003



2006



2009

# How to measure shrinkage?

## 2) Temporal scale

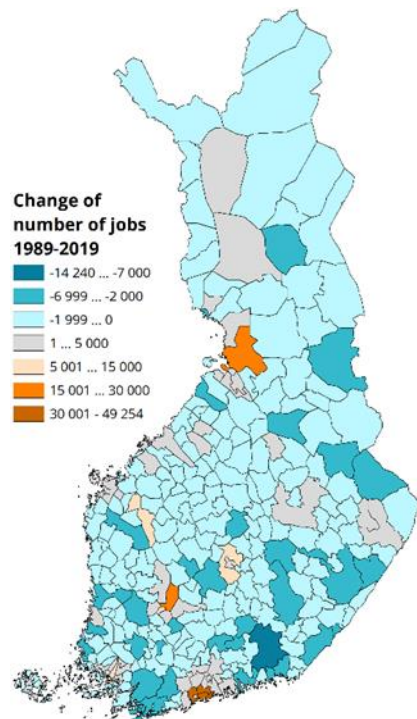
- Shrinking Cities International Research Network
  - A shrinking city can be defined as an urban area that has faced population loss for **more than two years** and is undergoing economic transformations with some symptoms of a structural crisis
- Grasland et al. (2008) *Shrinking regions*.
  - A region that is shrinking is a region that is losing a significant proportion of its population over a period greater than or equal to **one generation**

# How to measure shrinkage?

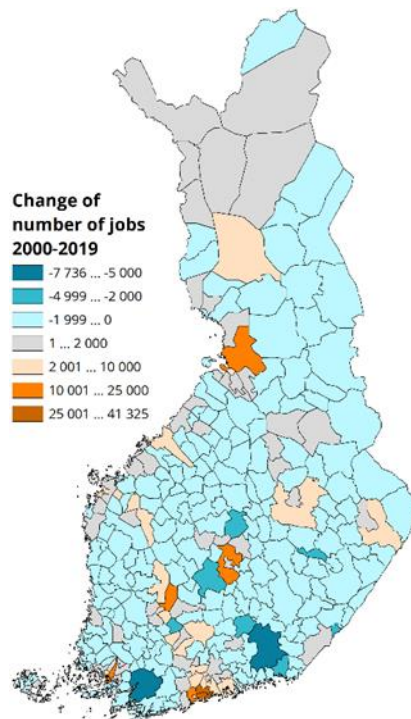
## 2) Temporal scale

- Generation?
  - E.g., the average age of mothers at the birth of their children
    - In Finland ca. 31 years
- Constrained by data availability
  - Intermediate temporal scales are often used (e.g., 20 years)

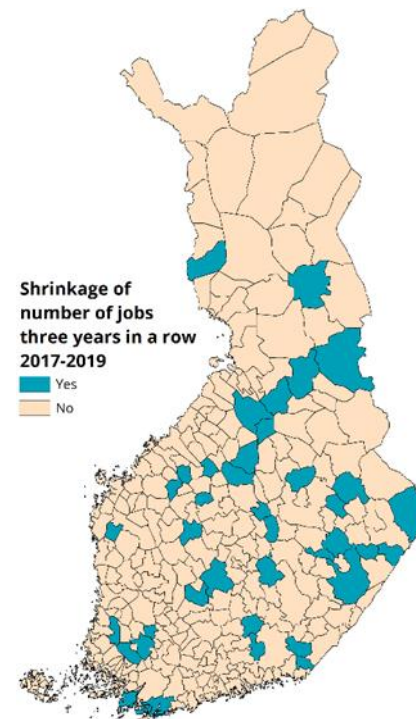
# Shrinkage at different time periods



Share of shrinking regions: 81,9 %



Share of shrinking regions: 70,6 %



Share of shrinking regions: 12,6 %

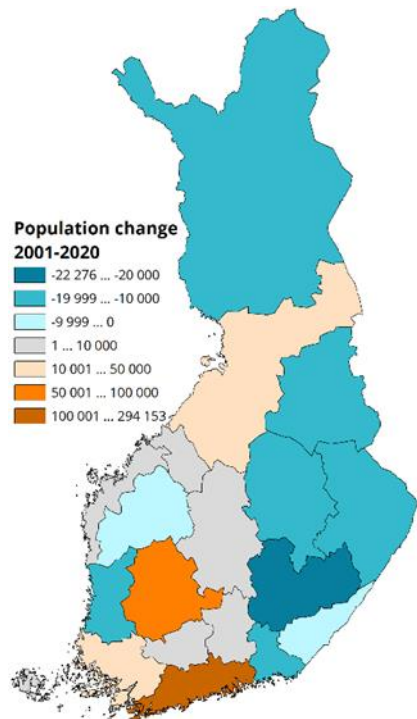
# How to measure shrinkage?

## 3) Geographical scale

- Using larger regional scales disregards within regional heterogeneity
- Using administrative regions disregards functional linkages
  - How to define the contours of functional regions?
- Data availability and research interests play a role in the selection
  - Regions; Sub-regions; Cities or municipalities; Postal code areas; Grid-level data (e.g. 1km \* 1km)

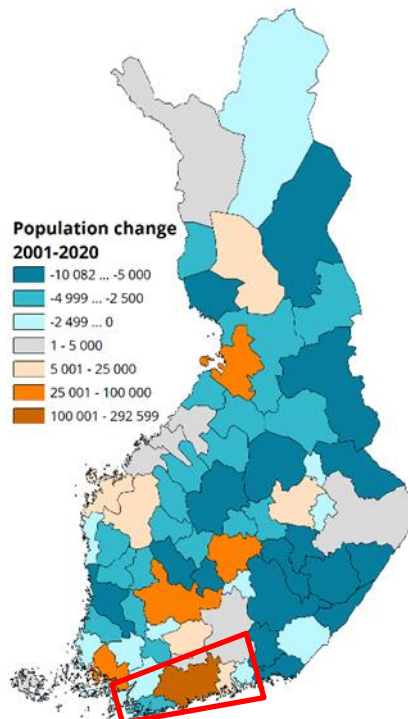
# “Shrinkage pockets”

## Regions



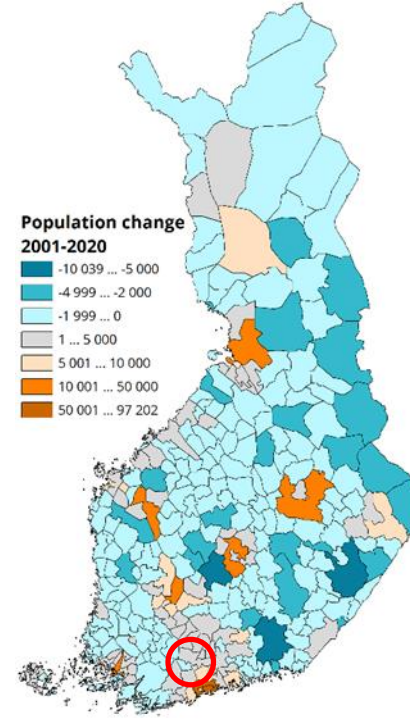
Share of shrinking regions: 47,4 %

## Sub-regions



Share of shrinking regions: 71,0 %

## Municipalities



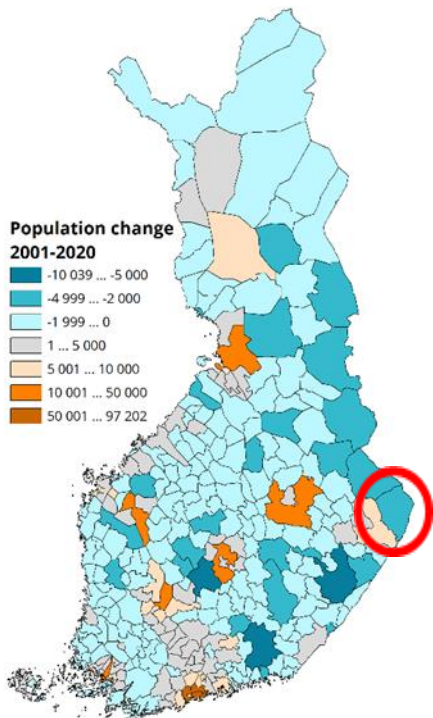
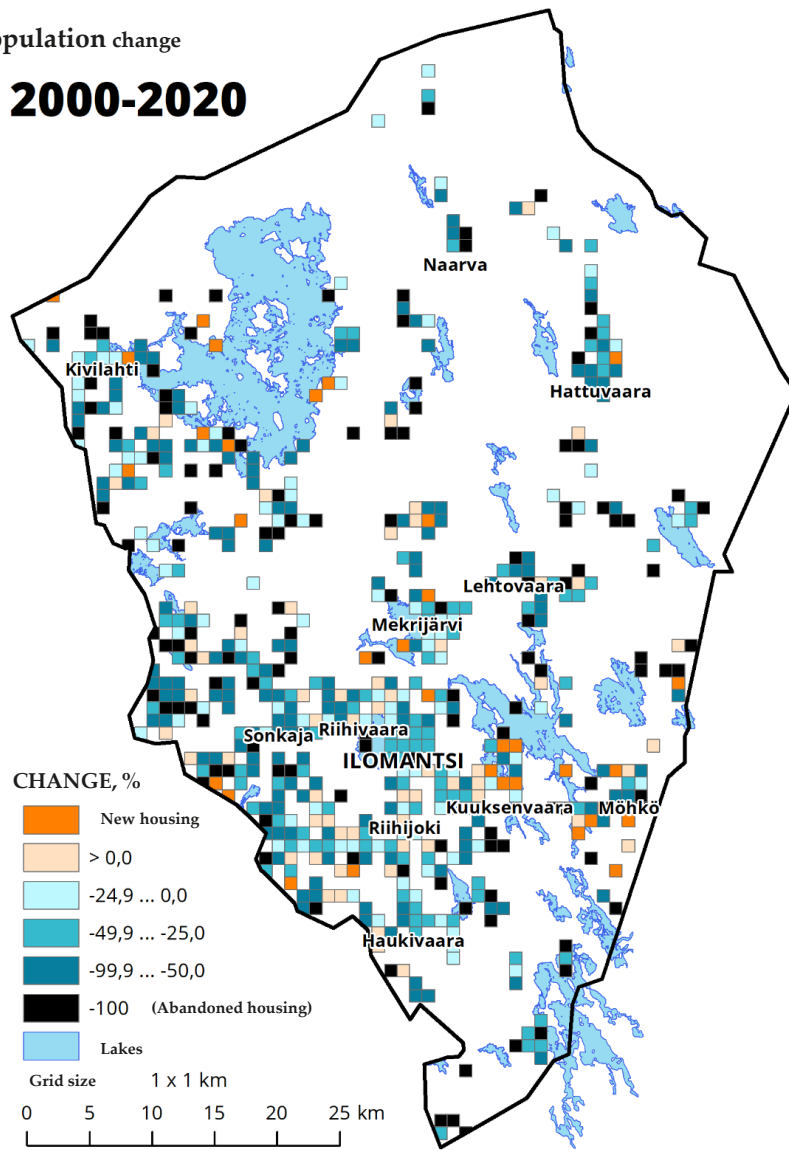
Share of shrinking regions: 69,3 %



# Case Ilomantsi

Population change

**2000-2020**





A photograph of a whiteboard with a handwritten equation in black marker. The equation is the integral form of Ampere's law with Maxwell's correction: 
$$\oint \vec{E} \cdot d\vec{l} = \mu_0 I_{enc} + \mu_0 \epsilon_0 \frac{d\phi}{dt}$$
The background is slightly blurred, showing the heads of people in a lecture hall.

## Lessons learned (hopefully)



# So, what was the point?

- Statistics and maps help us to understand the world
  - Raise the awareness of policy-makers to accept shrinkage
- Statistics and maps help us to predict the future
  - Facilitate the planning of shrinking regions

# So, what was the point?

- “Labelling” regions as shrinking depends on
  - The selected indicator(s)
  - The time period investigated
  - The geographical scale investigated
- Results are volatile depending on these decisions
  - They shouldn’t be arbitrary
  - Decisions shouldn’t be taken “too lightly” (e.g., when statistics are used in designing regional development policies)

# So, what was the point?

- Shrinkage does not automatically lead to decline, if the **quality of life** of the remaining population does not worsen (smart shrinking)
- How do we measure quality of life?
  - ESPON (2020) *Quality of life measurement and methodology*.  
<https://www.espon.eu/programme/projects/espon-2020/applied-research/quality-of-life>

*Thank you!*



UNIVERSITY OF  
EASTERN FINLAND

*teemu.makkonen@uef.fi*