

Programme: Nord+ course *Smart shrinking as a development approach for de-populating regions around the Baltic Sea*

2nd-15th of May 2022, Finland & Estonia

Date	Activities	Details
Day 1 02.05.	<ul style="list-style-type: none"> • Arrival in Joensuu by train 18:00 • Drop luggage in Hotel Scandic /Green Star • 19:00-21:00: Welcoming at UEF, student homework presentations, Dinner & student group formation (Metria M102, UEF) 	<p><i>National student groups 20 minutes presentation about de-populating & smart shrinkage aspects in their country.</i></p>
Day 2 03.05.	<ul style="list-style-type: none"> • 9-11:15: lectures at Regional Council (Linna, Joensuu) • 11:15-11:45: city walk • 11:45: & pick up rental cars (Aura) • 12 – 13:00: Lunch (Kerubi) • 13:15 – 18:30: Afternoon interactive excursion Joensuu-Savonlinna (<i>De-population processes in Eastern Finland: examples & solutions</i>) • 18:30 – 21:00: Dinner & Smoke Sauna experience • Accomodation Savonlinna: Wanha Pappila 	<p>Lectures Regional Council: <i>-Perspectives from Regional council experts on regional development & smart shrinkage (~90 min)</i> <i>-Heikki Eskelinen lecture (~45 min)</i></p> <p>Excursion: -Kitee - Punkaharju - Savonlinna</p> <p>Lectures Excursion: <i>Mapping 'smart' / 'program-based' development in Savonlinna region</i> (Pellervo Kokkonen, Savonlinnan hankekehitys Oy)</p>
Day 3 04.05	<ul style="list-style-type: none"> • 8:00 – 9:00 Breakfast meeting with Savonlinna Village Association (Asko Koukari) • 9:15 – 15:45: Interactive excursion & meetings • 10:00 -11:30: Meeting Enonkoski Municipality (Minna Laurio) • 11:30-12:45: Lunch (Maitolaituri Enonkoski) • 13-14:30: Meetings & presentations Oravi village • 14:30 – 16:30: guided trip to Linnansaari National Park (<i>if ice cover on lake allows</i>) • 17:30 -18:30: lectures • 18:45-19:45 Dinner • 19:30 – 21:00: Research Plan preparation session • Accomodation Savonlinna: Wanha Pappila 	<p>Excursion: - Enonkoski – Oravi -Linnansaari -</p> <p>Lectures evening session: - <i>“Methodological urbanism as a tool for thinking rural futures”</i> (Pyy) - <i>“Centre revitalizations to counter shrinkage”</i> (Albrecht)</p>

Day 4 05.05.	Fieldwork I (Finland): Place/leader <ul style="list-style-type: none"> • Group 1: Punkaharju, Julia • Group 2: Kerimäki, Samu • Group 3: Savonranta; Antti • Group 4: Enonkoski & Oravi, Sara • Group 5: Kitee, Riina 	8:30; departure to field sites/accommodation 10:30; start of fieldwork Teacher visit to case: Kerimäki & Savonranta
Day 5 06.05.	<ul style="list-style-type: none"> • Fieldwork I (Finland) continues • 15-16:00 Departure to Joensuu • 17:15 Return of rental cars (Aura) • 18:00 – 21.00 Evening session: lecture, group work & dinner (UEF, M102) 	Teacher visit to Kitee & Punkaharju Evening session lectures (2x45min): <ul style="list-style-type: none"> - <i>Assessing shrinkage and depopulation trends through statistics (Makkonen)</i> - <i>Report writing lecture (Pyy)</i>
Day 6 07.05.	<ul style="list-style-type: none"> • 5:58 Departure from Joensuu – 10:40 Helsinki • 11- 12:30: Free time in Helsinki • 12:30: meeting at harbour (Address) • 13:30: departure from Helsinki • 15:30: Arrival in Estonia • 16:30-18:15: Lahemaa National Park Center: lectures, presentations, visit to Palmse • 19:30: free evening Rakvere 	National Park center: <ul style="list-style-type: none"> - <i>short state of the art presentation by student groups (5x 10 min)</i> - <i>30 min. presentation by National Park administration</i>
Day 7 08.05.	<ul style="list-style-type: none"> • 09:00 -18:00: Interactive excursion (<i>De-population processes in Eastern Estonia: examples & solutions</i>) • 14:00 Lunch in Toila SPA • 18:00 Arrival to accomodation Acc in Looming Hostel, Tartu • 19:00 Dinner in Gunpowder cellar 	Excursion: Kiviõli -Valaste – Toila – Sillamäe – Viivikonna – Jõhvi – Tartu
Day 8 09.05.	<ul style="list-style-type: none"> • 9:00-10:00 Morning lectures Dep. of Geography Tartu • 10:00 – 18:00: Interactive excursion (<i>Coping with shrinkage in South-Estonia</i>) & meetings with regional administration and other organizations • 19:00 Dinner in Yachtclub & Research plan preparation • Acc: Carolina Hotel, Pärnu 	Lectures: TBA Excursion: Otepää - Mooste – Laatre - Valga – Tõrva - Karksi-Nuia – Mõisaküla - Pärnu

Day 9 10.05.	Fieldwork II (Estonia) → Place → Local Contact / supervisor <ul style="list-style-type: none"> • 09:00-11:00: Research Plan preparation session • 11:00 Pick up rental cars (Rõugu 23, Pärnu) • Group 1: Jõhvi, center revitalization & new housing areas, Rein Luuse • Group 2: Palmse, Anneli Kivisaar • Group 3: Valga, center revitalization and local business, (Jiri Tintera/Laura Gredzens) • Group 4: Leie, Anzori Barkalaja • Group 5: Mõisaküla – Kamara, revitalization of declining farming collective settlements (Andres Rõigas) 	
Day 10 11.05.	<ul style="list-style-type: none"> • Fieldwork II (Estonia) continues 	Professors visit sites: TBA
Day 11 12.05.	Fieldwork II (Estonia) continues <ul style="list-style-type: none"> • 20:00 Return of rental cars and return to Pärnu (Rõugu 23, Pärnu) • evening report Writing • Acc: Carolina Hotel, Pärnu 	Professors visit sites: TBA
Day 12 13.05.	Report writing <ul style="list-style-type: none"> • 17:00 Excursion around Pärnu • 18:30 Dinner (Steffani) 	
Day 13 14.05.	Report writing <ul style="list-style-type: none"> • 13:30 Afternoon: presentation of final reports • 19:00 Final formal Dinner & certificates 	
Day 14 15.05.	<ul style="list-style-type: none"> • Return to Home country 	

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