# Smart shrinking as a development approach for depopulating regions around the Baltic Sea

2022 NORDPLUS intensive course (5 ECTS)

# Todays Programme

14:15 – 14:45	Introduction to the course (Moritz Albrecht, University of Eastern Finland)
14:45 – 15:45	"Smart shrinkage, adaptation policy and degrowth - a conceptual approach" (Josefina Syssner, Linköping University)
15:50 – 16:45	"Back to the small-town" (Garri Raagmaa, University of Tartu)
16:45 - 17:00	Pre-task for partner institution student groups

### What is this about...

- GEONORDBALT network (Human Geography)
  - University of Eastern Finland (FI)
  - University of Tartu (EE)
  - University of Latvia (LV)
  - Vilnius University (LT)
  - Linköping University (SE)
  - University Center of the Westfjords (IS)

Funding from Nordplus

### The course in a nutshell...

- 2.-15.5. Finland & Estonia
- Mix of lectures, excursions and fieldwork
- Work in 5 small groups of mixed origin
- 5 Case studies in each country
- 5 final reports
- Lot's of work & lot's of fun...

Date	Activities
21.4.	Joint online introduction seminar (14-17 o'clock)
02.05.	<ul> <li>18:00: Arrival in Joensuu</li> <li>19:00-21:00: Welcoming at UEF, student homework presentations, Dinner &amp; student group formation (Metria, UEF)</li> </ul>
03.05	<ul> <li>9-11:00: lectures at Regional Council (Linna, Joensuu)</li> <li>11:00-11:45: guided city walk/excursion</li> <li>11:45: &amp; pick up rental cars (Aura)</li> <li>12 – 13:00: Lunch</li> <li>13:15 – 18:30: Afternoon interactive excursion Joensuu-Savonlinna (De-population processes in Eastern Finland: examples &amp; solutions)</li> <li>18:30 – 21:00: Dinner &amp; Smoke Sauna experience</li> <li>Accomodation Savonlinna: Wanha Pappila</li> </ul>
04.05	<ul> <li>8:00 – 9:00 Breakfast meeting with Savonlinna Village Association</li> <li>9:15 – 16:45: Interactive excursion &amp; meetings</li> <li>17:30 -18:30: lectures</li> <li>18:45-19:45 Dinner</li> <li>19:45 – 21:00: Research Plan preparation session</li> <li>Accomodation Savonlinna: Wanha Pappila</li> </ul>
05.05.	Fieldwork I (Finland): Place/leader/local contacts  Group 1: Punkaharju  Group 2: Kerimäki  Group 3: Savonranta;  Group 4: Enonkoski & Oravi,  Group 5: Kitee,
Day 5 06.05.	<ul> <li>Fieldwork I (Finland) continues</li> <li>15-16:00 Departure to Joensuu</li> <li>17:30 – 21.00 Evening session: lecture, group work &amp; dinner (UEF)</li> </ul>

07.05.	• 5:58 Departure from Joensuu – 10:40 Helsinki
	• 11- 12:30: Lunch
	• 13:30: departure from Helsinki
	• 15:30: Arrival in Estonia
	• 16:30-18:15: Lahemaa National Park Center: lectures, presentations, walk
	• 19:30: free evening Rakvere
08.05.	• 09:00- 18:00 Interactive excursion (De-population processes in Eastern Estonia: examples & solutions)
	• 14:00 Lunch in Toila
	• 18:00 Arrival to Tartu
	• 19:00 Dinner in Gunpowder cellar
09.05.	9:00 Morning: lectures Dep of Geography Tartu
	• 10:00- 18:00: Interactive excursion (Coping with shrinkage in South-Estonia) & meetings with regional administration and other organizations:
	• 18:00 Arrival Pärnu
	• 20:00 Dinner & Research plan preparation
10.05.	Fieldwork II (Estonia) → Place
	09:00 Research Plan preparation session
	• 11:00 departure to fieldwork
	• Group 1: Jõhvi,
	Group 2: Palmse
	Group 3: Valga,
	Group 4: Leie,
	Group 5: Mõisaküla – Kamara
11.05.	Fieldwork II (Estonia) continues
12.05.	Fieldwork II (Estonia) continues
	• 20:00 Return to Pärnu
	evening report Writing
13.05.	Report writing
	• 17:00 Excursion around Pärnu
	• 18:30 Dinner
14.05.	Report writing
	• 13:30 Afternoon: presentation of final reports
	• 19:00 Final formal Dinner & certificates
15.05.	Return to Home country

## Homework/pre-task...

Pre-course group work by participants from each University

**Topic:** De-population trends and smart shrinking approaches in your country

- Prepare 15-20 minute presentation including:
  - General trends and current situation in your country
  - Potential smart shrinking policies/strategies
  - 1 exemplifying example (not from case study sites)
  - Present in first evening session (2.5.)