

Day		Programme
Half-day online seminar 11 th of April 13-15 (Finnish time)		- Online kick-off Seminar (afternoon) - Intro lecture to the course & practical aspects - Lecture: <i>Infrastructure management and development in shrinking municipalities</i> (Grundel, LiU)
Friday 9.5.		Arrival to Joensuu
Saturday 10.5	9:00 – 16:30 09:00 – 09:45 09:45 – 11:30 11:30 – 13:00 13:00 – 14:00 14:00 – 14:30 14:30 – 15:00 15:00 – 15:15 15:15 – 15:45 15:45 – 16:15 18:30 – 21:30	Lectures and meetings at University of Joensuu (M103) - welcoming lecture: <i>Depopulating areas & sustainability</i> (Albrecht, UEF) - Homework presentation (all groups) - lunch break - Lecture & discussion, Regional Council North-Karelia (Eetu Ahlberg) - Lecture: <i>Current & Future challenges for communities in Iceland</i> (Kokorsch, UW) - Lecture: <i>Depopulation and left behind areas</i> (Krisjane, UL) - Coffee break - Lecture: <i>Green energy in small peripheral regions of Lithuania: governmental strategies and local practices</i> (Burneika, UV) - Lecture: <i>Meanings and boundaries of growth in shrinking regions - East and North Finland</i> (Halonen, UEF) - Nordplus country evening with local food from partner countries (Metria Aula) - lecture about history of GEONORDBALT course (Pyy, UEF)
Sunday 11.5.	10:30 12:00 - 14:00 15:00 -16:00 16:45 17:30	Departure from Greenstar - Metkatalo Lieksa, stakeholder meetings - Mätäsvaara Mine/Theater, cultural sustainability & energy project - Arrival Nurmes/Bomba & check in - SPA evening (Bomba)
Monday 12.5.	8:15 08:45 -10:45 08:45 – 09:30 09:30 – 10:40 10:45 – 11:30 12:30 – 14:00 15:15 15:30 – 17:00 17:00 -	- Luggage to Bus and walk to Hyvärilä (1 km) Morning lectures by local institutions in Nurmes - Sustainable Village project (Rönkkö, MSL) - Sustainable Economic development in Nurmes (PIKES) - Lunch at Hyvärilä - Visit to School of Self-Sufficiency, Valtimo/Rasimäki - Arrival at Hotel (drop luggage) - Meeting with Kainuu Regional Council experts - Check-in and free evening

Tuesday 13.5.	• 8:30 • 10:00 – 11:20 • 11:20 – 13:00 • 13:00 – 14:00 • 14:00 – 14:30 • 14:30 – 16:00 • 16:00 - 17:30 • 18:00 -	• Departure for interactive excursion to Puolanka (Pessimist capital of the World!) ○ Presentation by Puolanka municipality and Pessimistiyhdistys ○ in-situ methods training in Puolanka (incl. lunchtime) ○ Methods discussion (Puolanka) ○ <i>coffee break</i> ○ Presentation by “Kainuu Green Transition Center of Excellence” ○ Research plan brainstorming & presentation (in bus & per group) ○ Free evening in Kajaani
Wednesday 14.5	• see group programmes • 20:00	• Departure to case study sites in Kainuu & start of fieldwork ○ Kuhmo, Hyrynsalmi, Paltamo, Ristijärvi • upload research plan to teams.
Thursday 15.5	• whole day • 10:00 – 11:00 • 18:00 – 19:00	• Field work in case localities • 10-11 (online) presentation + Q&A session with <i>Family friendly Kainuu</i> project (all groups online) • Evening online seminar: state of case study process
Friday 16.5.	• whole day •	• Field work in case localities • Visit of teacher to field study sites (meetings to be arranged respectively)
Saturday 17.5.	• whole day	• Field work in case localities
Sunday 18.5.	• 09:00 – 12:00 • 13:30 - 14:00 • 14:00 – 16:30	• Field work in case localities • Return of rental cars (Hotel Kajanus, Kajaani) • Bus departure from Hotel Kajanus to Joensuu/Green Star Hotel • <i>free evening</i>
Monday 19.5.	• whole day • 09:00 – 10:00	• Report writing (UEF) & support meetings ○ raw data presentation by group & fieldwork feedback
Tuesday 20.5.	• whole day • 18:00 – 21:00	• Report writing (UEF) & support meetings • Sauna evening (Vainoniemen Sauna; Vainonientie 3)
Wednesday 21.5.	• whole day	• Report writing (UEF) & support meetings
Thursday 22.5.	• 09:00 – 12:00 • 12:00 – 14:00 • 14:00 – 16:30 • 19:00 – 21:00	• Report writing (UEF) • <i>Lunch break</i> • Final seminar • Dinner & certificate ceremony (Ravintola Sulo, Iso MYY), <i>goodbye party</i>
Friday 23.5.	•	• Departure to home country

Bus schedule as asked so far:

11.5. 10 – 17:00) Bus transport Joensuu to Lieksa, Mätäsvaara, Nurmes.

12.5. (12:00 -16:00) Bus transport Nurmes – Valtimo (~1 hour stop) - Kajaani

13.5. (9:00 – 17:30) Bus transport Kajaani – Puolanka – Kajaani.

18.5. (13:00-16:00) Bus transport Kajaani – Joensuu

Revised:

11.5. 10:30 – 17:00) Bus transport Joensuu (Green Star Hotel) - Lieksa (12:00 - 14:00, Metkatalo) – Mätäsvaara kaivos teatteri (15:00 -16:00) – Nurmes (17:00, Bomba).

12.5. (11:30 -16:00 transport & luggage to bus in the morning, 8:15 at Bomba reception) Bus transport Nurmes (Hyvärilä, 11:45) – Valtimo/Rasimäki (~1,5 hour stop 12:30-14:00) – Kajaani/Hotel Kajaanus (15:00)

13.5. (8:30 – 17:30) Bus transport Kajaani (Hotel Kajaanus) – Puolanka (10:00 – 14:15) — Kajaani (17:30).

18.5. (13:30-16:30) Bus transport Kajaani (Hotel Kajaanus) – Joensuu (Green Star)

Contact person for bus transport: Antti Tiilikainen, +358443505500